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A N N U A L N A R R A T I V E R E P O R T

MRS. LOIS E. HARRISON
HOME DEMONSTRATION AGENT

GRAHAM COUNTY
Safford, Arizona

From December 1, 1947 to December 1, 1948

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II. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

A. Narrative

Graham County women have become more conscious of Extension Service in the past year as evidenced by greater participation, requests for new affiliated clubs, a much more active County Homemakers' Council, and the broadening of the program for the coming year.

The lay leadership system of Extension Service has been considered successful, even though operated under some difficulties. Women have come to realize that they must rely on the leadership system, if they are to participate in all projects. Fifty-four adult leaders have taught seventy-seven lessons during the year in nine communities with an attendance of 1,088. Thirty-one women have served as 4-H leaders or cooperators. They have held 184 meetings in eight communities with an attendance of 2,015. This is a very creditable percentage. Leader-training meetings were held for all major projects.

Increased activity in the County Homemakers' Council makes progress. The Council has laid out a program for 1949 which includes club projects, special interest schools, local special interest projects, and county-wide council endeavors. Because the council is responsible for the county program, rural women can now feel to a greater extent that it truly is their program.

Because county women attended Country Life Conference for Rural Women of Arizona, they feel more strongly that they belong to the Extension family. Reports of a possible state Council, temporarily formed at Country Life Conference, were made at the local council meeting. Graham County Council officers have cooperated with the temporary state officers.

Extension Service for women has been active in ten communities, in nine of which there has been planned Extension Group work. Project studies have been conducted through clubs, church organizations, and special interest groups. Homemakers' club enrollment is 90; affiliated organizations add another 400.

Homemaking information has been given to the public by means of meetings, home visits, circular letters, newspaper articles, radio programs and bulletins. Instruction has ordinarily been given by the demonstration method. A program summary of the year's work

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may be found at the close of the section "County Homemakers' Project Program". In addition to the above-mentioned formal program, assistance has been given by the home demonstration agent on practically any phase of homemaking through home visits, office and telephone calls.

The following state Extension specialists have been in the county to advise and assist the home demonstration agent:

Miss Jean Stewart	State Home Demonstration Leader
Miss Grace Ryan	Home Management Specialist
Mr. Kenneth L. McKee	State 4-H Club Leader
Mrs. Ellen Kightlinger	Assistant State 4-H Club Leader
Miss Helen Church	Clothing Specialist
Miss Reva Lincoln	Nutrition Specialist

A Junior Assistant Home Demonstration Agent was in the county for the summer months to carry on the 4-H club program.

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II. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

B. Statistics

Months in Service	12
Days in Graham County	195-1/2
Days in field	88-3/4
Days in office	106-3/4
Days spent with adults	149
Days spent with 4-H	46-1/2
Home Visits	287
Different homes visited	255
Office calls	458
Telephone calls	539
Bulletins distributed	2,173
News articles	87
Radio programs	29
Individual letters	849
Circular letters and cards	89
Mailing list	767
Homemakers' clubs		4
Enrollment	94
Affiliated Clubs	10
Leaders in adult work	54
4-H clubs	12
Enrollment	176
Leaders in 4-H work	31
Demonstrations - adult and 4-H	59
Attendance	796
Other extension meetings - adult and 4-H.....		30
Attendance	1,393
Miles traveled	2,806

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III. PROJECT ACTIVITIES AND RESULTS

Extension Organization and Planning

1. Extension Schools and Conferences

The Annual Conference of the State Extension staff held in December 1947 was one earmarked as realistic. The survey summaries which Dr. Gallup gave have given this agent grounds to stand on many times during the year. Her personal advice regarding lay leadership has been carried out as much as possible. The suggestions and standards for publicity given by Joe McClelland, State Information Specialist, have proved reliable and very usable. The variety and arrangement of the conference must have been a satisfaction to all agents, as it was to this one.

The agent attended a 4-H state policies committee conference held in Tucson in March. The problems of club and membership requirements were discussed and appropriate changes made. The status of health as a project or activity was a subject of much debate. Standards and requirements for the junior leadership project were set up. Conclusions drawn at this meeting were later issued to all county agents. This agent was very pleased to sit in this particular conference and hear at first hand the considerations toward better 4-H work.

Six ladies of the county attended the annual Country Life Conference for Rural Women of the state, in June. They represented three out of the four main populated sections of the county. According to the women one program of the conference was outstanding in their minds -- that devoted to house furnishings and the expandable house plans. The ladies brought back to their own clubs and to the county council interesting reports of the state get-together. As a means of stimulating homemaking improvements and the good neighbor policy among our own women, Country Life Conference is a shining example. Parts of the program of Graham County have come out of this state meeting.

Women of Extension Service held their annual conference in Flagstaff in August. The theme of the conference - program planning - was most particularly emphasized by Mr. Howard R. Baker, assistant extension director. He dealt with planning on the basis of county statistics. Mr. Baker's statement that our Extension program must

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be an over-all one holds true in this county. We cannot cater to any one group of interests. Miss Jean Stewart, state home demonstration leader, described ways of integrating this over-all county program according to opinions of people, opinions and suggestions of other agencies, opinions of state specialists, and local forces that affect all action taken. The Homemakers' Council, therefore, is an integral part of program planning. This agent thinks that the discussions led by the home demonstration agents were very valuable in the give-and-take of suggestions and experience. All of us like to know how someone else is meeting problems similar to our own. This agent has already put into practice the advised methods of program planning.

Miss Jean Stewart, state home demonstration leader, was in the county three times during the year to assist and advise in general program planning and execution. She attended the two County Homemakers' Council meetings. She spoke at the spring meeting on "Opportunity for Club Service" emphasizing the need for lay leadership. At the fall meeting Miss Stewart spoke on "Developing a Home Demonstration Program", describing the ways in which Extension serves and how we can best arrive at a year's program for homemakers' studies.

Leader-training schools for project work were held in the county by state staff members as follows:

Grace Ryan	Restoring old Furniture	Jan., Feb., Mar.
Ellen Kightlinger	4-H Leader Training	Mar.
Kenneth L. McKee	" " "	"
Helen Church	" " "	"
Reva Lincoln	" " "	"
Reva Lincoln	Meal Planning	June
Helen Church	Tailoring of Womens' Clothes	Sept., Oct., Nov., Dec.

The home demonstration agent received assistance privately from both the home management and clothing specialists in order that she might carry out the project of Home Cleaning of upholstery and clothing for the month of April.

The home management specialist instructed the agent by the private workshop method in order that the agent might carry the leader-training schools for Kitchen Storage in May and June.

All the above training schools were held according to the year's Plan of Work made in advance.

This agent held a private training workshop for Mrs. Mae Baldrige, home demonstration agent in Cochise County, on the project of Low Cost Meals in order that Mrs. Baldrige might carry her own leader-training meeting on that subject.

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III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

2. County Homemakers' Council

The Graham County Homemakers' Council has seemingly come into its own. During the past year the ladies have really taken an active part in the business of being council members. This agent feels that they are now taking things into their own hands, and are conscious of their part in Extension Service and in responsibility to a good county program. The officers have been very good in cooperation and in taking initiative on their own parts. The program for the coming year is definitely one of the Council's making.

Two meetings were held during the year, one in May and one in October. The spring meeting was given over to general business and reports, while the fall meeting was devoted to the planning of the 1949 county program. Club ladies from neighboring Greenlee County attended the spring meeting to see for themselves how a county council is run. These visitors made a total of fifteen organizations represented. Twelve Graham County organizations were represented at the fall meeting. The programs and minutes of each of these meetings follow this report section.

Noteworthy actions taken by the Council are those of finding 4-H club leaders, seeing that clubs and other organizations have lay leaders for project work. Plans for next year include several studies to be made by the council itself -- coordinating the teaching of child feeding in the schools and churches, studying the county health situation and endeavoring to get the service of a county visiting nurse, advocating a Gila Valley fly control program, and studying the possibilities of a county library. Committees have been appointed to carry on all these studies.

Council meetings are open to all members of the affiliated organizations, but the officers only of organizations are the voting members. Elected officers of the council activate its program. For next year's program, following the recommendations made at the general council meeting, a sifting committee has established and calendarized the project work. Copies of these recommendations follow this report section. This sifting committee was composed of subject-matter chairmen and officers of the council. Each affiliated organization will receive a copy of the planned program and choose from it projects for its own study. Each group may fill in certain meetings to deal with subjects of its own immediate interests.

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During the past year council officers visited clubs and organizations other than the ones to which they personally belong in order to learn how others are carrying on. This visiting will be done again next year.

Four Homemakers' clubs and ten L.D.S. Relief Societies in the county are active in the County Homemakers' Council. The Council sponsors Extension Service through organized groups, special interest groups, and home visiting.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

April 26, 1948

Dear Homemaker:

As an officer of an Extension Service Homemakers' Club or a church organization, you are cordially invited to the Spring Meeting of the Graham County Homemakers' Council.

Following is the program of the meeting:

Methodist Church Vestry - Safford

Thursday, May 6, 12:30 PM.

12:30 Lunch - Price \$1.25

1:30 Art - Self taught - Hal Empie

2:30 Council Business Meeting

Call to order - Mrs. Ernest Martin, President

Minutes: Mrs. Belle Bryce, Secretary

Business: Old: Change in Constitution

New: Reports of club activities

Mrs. Hazel Bryce, Graham County, President of
Ashurst Homemakers' Club

Mrs. Frances Willis, Greenlee County, President
of York Homemakers' Club

County Program Outlook - Mrs. Lois Harrison, Home Demonstration
Agent

Country Life Conference Announcements - Mrs. Julia Porter,
Graham County Country Life Representative

-Mrs. Vinnie Marshall,

Toastmistress for Banquet of Country Life Conf.

"Opportunity for Club Service" - Miss Jean M. Stewart, State
Home Demonstration Leader

3:30 Adjournment

Please return the enclosed luncheon reservation card by Monday, May 3rd.

Extension Service integrates homemaking training for all groups of women.
Be sure your organization is represented.

Sincerely yours,

Lois E. Harrison

Lois E. Harrison

Home Demonstration Agent

LEH:lg

Mrs. Eula Martin
President, Council

Mrs. Ella Lee
Vice-president, Council

Mrs. Belle Bryce
Secretary-treasurer, Council

MINUTES OF THE GRAHAM COUNTY COUNCIL SPRING MEETING

May 6, 1948

The Graham County Homemakers' Council held its spring meeting on May 6, 1948, in the Vestry of the Safford Methodist Church. The meeting was in the form of a luncheon followed by instructive entertainment and general business. Guests of the home county were ladies from homemakers' clubs of Greenlee County.

Mrs. Ernest Martin, President, presided. During the luncheon, Mrs. Alice Scholefield, Secretary of the Aravaipa Homemakers' Club, presented the Homemaker's Creed, and Mrs. Thelma Hart, Vice-president of the Ashurst Homemakers' Club, told the story of the homemaker's lamp.

Following the luncheon, Mr. Hal Empie, cartoonist, was introduced by Mrs. Harrison. Mr. Empie sketched cartoons, showed an original oil painting, demonstrated how to do work in ceramics, and painted a water-color desert scene.

On display were three tailored garments made by local women as results of the tailoring school, and one upholstered chair, a product of the furniture renovation project.

The business was called to order at 2:30. Minutes of the previous meeting were read by the Secretary, and accepted as read. A change in the constitution and by-laws was presented by the President, and approved by the members to the effect that program planning will be done in the future as part of the fall council meeting rather than in the spring meeting.

Reports of club activities of the calendar year were made by Mrs. Hazel Bryce, President of the Ashurst Homemakers' Club, Graham County, and Mrs. Frances Willis, President of the York Homemakers' Club of Greenlee County. An outlook of project activities for the remainder of the year was given by the home demonstration agent.

Announcements of the Country Life Conference for Arizona women were made by Mrs. Julia Porter of Safford, and Mrs. Vinnie Marshall of Eden, who will be toastmistress at the Country Life Conference this year. Ladies were urged to attend this conference for both recreation and education.

Miss Jean Stewart, State Home Demonstration Leader, spoke on "Opportunity for Club Service". She emphasized the need for leadership in clubs and affiliated organizations and opened up discussion as to just how we can get at the needs and wants of homemakers to be sure our next year's program of work answers their needs.

Page 2 - Minutes of the Graham County Council Spring Meeting, May 6, 1948

Mrs. Boyce Lines told how she had worked as a leader with her group of women.

A visiting guest of the meeting, Miss Margaret Smith, home demonstration agent in Maryland, told of the summer meeting of homemakers in her state which corresponds to our Country Life Conference.

The meeting was adjourned at 3:40 P.M.

Respectfully submitted,

Secretary
Graham County Homemakers' Council

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture

State of Arizona
Safford, Arizona

Agricultural Extension Svc.
Home Demonstration Work
County Agent Work

October 4, 1948

Dear Homemaker:

As President of your Homemakers' Club or church organization, you are invited to the fall meeting of the Graham County Homemakers' Council. Please extend this invitation to all members of your organization. You and the other officers are voting members of the Council.

It is the responsibility of the Council at this meeting to set up a County Program of Work for 1949 for all clubs and organizations which use the Extension Service training program.

PROGRAM OF THE MEETING

Thatcher Relief Society Hall
Monday, October 18, 10:30 A.M.

10:30 Registration

10:45 Call to Order

Mrs. J. David Lee, Acting President

Panel Discussion of Country Life Conference Mrs. Loretta Layton, Chairman

11:15 Agricultural Outlook for Graham County

Mr. S. L. Owens, County Agent

11:30 County Homemakers' Needs

Mrs. Lois E. Harrison
Home Demonstration Agent

11:45 Report of Nominating Committee
Election of Officers

12:00 Pot Luck Luncheon

1:00 . . . Gila College Dramatic Selection

Mr. Donald Jones and students

1:30 Developing a Home Demonstration Program

Miss Jean M. Stewart
State Home Demonstration Leader

2:00 Planning 1949 County Program

Subject Matter Chairmen: Nutrition - Mrs. Belle Bryce
Clothing - Mrs. Edward Bush
House and Home - Mrs. Hazel Bryce
Health - Mrs. Jo Cook

3:00 Appointment of County Program Sifting Committee

3:15 Adjournment

PLEASE RETURN THE ENCLOSED ATTENDANCE CARD BY WEDNESDAY, OCTOBER 13th

BE SURE THAT YOUR ORGANIZATION IS REPRESENTED.

Enclosure
LEH:lg

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

Belle Bryce

Mrs. Belle Bryce
Secretary

Mrs. J. David Lee

Mrs. J. David Lee
Acting President

GRAHAM COUNTY HOMEMAKERS' COUNCIL FALL MEETING

October 18, 1948

The Graham County Homemakers' Council held its fall meeting on October 18, 1948 at the Thatcher Relief Society Hall. The meeting was called to order at 10:30 A.M. by Acting President, Mrs. J. David Lee, of Thatcher.

Mrs. Hazel Bryce, of Ashurst set the key-note of the meeting by reading the Arizona Homemakers' Creed. Minutes of the previous meeting were read by the Secretary, Mrs. Belle Bryce of Eden, and approved as read. A panel discussion of the 1948 Country Life Conference was directed by Miss Jean Stewart, who took the place of the formerly appointed chairman, Mrs. Loretta Layton of Safford, who was ill. Conference highlights discussed included outstanding programs, tours, entertainment, and the temporary state council organization. Ladies taking part in the discussion were Mrs. Marvene Nuttall of Safford, Mrs. Thelma Hart of Ft. Thomas, and Mrs. Vinnie Marshall of Eden. Photographs showing activities of the conference were on display.

A discussion of possible rural library service was led by Miss Stewart. The council voted to go on record as being in favor of the state library extension bill. Mrs. Vinnie Marshall was appointed to study into the possibilities of county library service, and was requested to report her findings at the spring council meeting.

Mr. S. L. Owens, County Agent, talked on the "Agricultural Outlook for Graham County", bringing attention to the changes in county crops, changes in irrigation methods, crop price outlooks, greater use in the county of modern machinery, particularly for cotton, and the planned county studies of cotton growing and fruit tree diseases.

Mrs. Lois Harrison, home demonstration agent, talked on county homemakers' needs, stressing family, community, and county needs. The health situation of the county was particularly emphasized. The council later elected a committee of Mrs. Jo Cook, of Pima, Mrs. Thelma Hart of Ft. Thomas, and Mrs. Vinnie Marshall of Eden, to study the health situation and to contact the county board of supervisors regarding the employment of a county visiting nurse.

The nominating committee chairman, Mrs. Lela Udall, presented the roster of new officers. The council voted to accept the persons nominated. Mrs. J. David Lee was elected president, Mrs. Thelma Hart, vice-president, and Mrs. Fern Alder, Secretary.

A potluck lunch was enjoyed by the 24 ladies who attended. Each organization represented had been asked to bring dishes for the meal. Immediately after lunch a skit was given by students of Gila College dramatics class under the direction of Mr. Donald Jones.

Miss Jean M. Stewart, State Home Demonstration Leader, spoke about "Developing a Home Demonstration Program". She described the set-up of county extension work and how it operates from the state university to the local club leaders.

Planning the 1949 county program was done by the ladies being divided into subject-matter groupings. Chairmen were nutrition, Mrs. Belle Bryce, Clothing, Mrs. Edward Bush, House and Home, Mrs. Hazel Bryce, and Health, Mrs. Jo Cook.

Planning recommendations of these groups were made to the general council and accepted. A program sifting committee composed of the subject-matter chairmen and the new council officers was appointed. This committee will meet in the near future to calendarize the 1949 program.

Mrs. Olive Hoopes was appointed as chairman of a committee, other members to be chosen by her, to see that good food habits for children are stressed alike by school teachers, coaches, church teachers, and others. Mrs. Lela Udall was appointed to head a committee of her own choosing to contact the county agent, and other persons to advocate a program of Gila valley fly control. An exhibit of hand stencilling was displayed and described by Mrs. Hazel Bryce. The articles had been made by ladies and girls of Ashurst. The meeting was adjourned at 3:30 P.M.

Respectfully submitted,

Mrs. Fern Alder, Secretary

GRAHAM COUNTY

RECOMMENDATIONS OF FOOD PROJECT GROUP

Belle Bryce, Chairman

Marie Sherman, Secretary

Madam Chairman: "The Committee on Food presents the following recommendations."

Council Project

Food Habits

Approach - Coach, Home Economics Teachers, 4H Leaders, Lunch Rooms, Nutrition Leaders, to consider problem of good food habits.

Club Projects

1. Prepare foods at all food demonstrations.
2. Low cost foods from the broiler.
3. Getting the most for your food dollar.
 - a. One dish Meals.
 - b. Salads, fruits, & vegetables.
 - c. Short cuts to cooking.
4. Freezing.
5. Desserts.

Madam Chairman: I move the adoption of these recommendations.

/s/ Mrs. Belle Bryce
Mrs. Marie Sherman
Mrs. Pearl Cluff
Mrs. Olive Hoopes.

RECOMMENDATIONS OF HEALTH PROJECT GROUP

Mrs. Jo. Cook, Chairman
Mrs. Jo Cook, Secretary

Madam Chairman: "The Committee on Health presents the following recommendations."

Council Projects

1. We recommend the council to appoint 2 or 3 ladies to go before the County Board of Supervisors to see about obtaining the services of a visiting nurse.

We also recommend the council to provide a place in the program for these ladies to appear at our club meeting to tell the ladies what they have found out in their County Health Project.

County Projects

1. Simple Remedies - First Aid.
2. Using nurses First Aid Kit.
3. Food laws of Arizona.
 - a. Milk
 - b. Undulant Fever.

Madam Chairman: I move the adoption of these recommendations.

/s/ Jo Cook
Thelma Hart
Vinnie Marshall
Beatrice Branch

RECOMMENDATIONS OF CLOTHING PROJECT GROUP

Dorothy Bush, Chairman

Madam Chairman: "The Committee on Clothing presents the following recommendations."

1. Making the best of appearances. (Hair styling, Make up, Grooming, Posture, Clothes combinations.)
2. Salvage make-overs from formals, skirts, blouses.
3. Sewing Machine Clinic.
4. Buying wearable fabrics.
5. Short cuts in sewing.

Madam Chairman: I move the adoption of these recommendations.

/s/ Dorothy Bush
Mrs. Paul Alder
Alberta Branch
Ella T. Lee

RECOMMENDATIONS OF HOUSE & HOME PROJECT GROUP

Hazel Bryce, Chairman

Madam Chairman: "The Committee on House & Home presents the following recommendations."

- | | | |
|----------------------------|---|----------------------------------|
| 1. Room Arrangements |) | |
| 2. Room Color schemes. |) | Effect on Psychology & Emotions. |
| 3. Lighting |) | |
| 4. Cleaning upholstery. |) | |
| 5. Short cuts in cleaning. | | |
| 6. Time management. | | |

As Special Interest Project

1. Restoring old Furniture.
2. Fly Control.

Madam Chairman: I move the adoption of these recommendations.

/s/ Hazel Bryce
Maybelle Carpenter
Edna Clawson
Lela Udall
Carmen Smith
Ruth Wells

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III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

3. County Homemakers' Project Program

A project program for the year was made by the following sequence of activities:

1. requests made by homemakers' clubs, other affiliated organizations, and individuals
2. Critical appraisal of homemakers' needs according to surveys of the county and past project studies
3. council selection and recommendations for year's project program
4. sifting and calendarizing of recommendations by a committee composed of both old and new council officers
5. calendarized project program issued to each homemakers' club and affiliated organizations
6. acceptance of all or part of the program by each organized group

A copy of the planned program for 1948 was sent to the state home demonstration leader, through whom arrangements were made for the services of specialists. A detailed Plan of Work and teaching outline was made to facilitate the carrying out of the program. A copy of the program summary by months and by projects follows this report section.

A similar sequence of action has been carried out in 1948 to establish the Project Program for 1949. The home demonstration agent is gratified that in the past year the County Homemakers' Council has taken a much more active part in all program planning. The program sifting committee which made the final arrangement of the program for 1949 was composed of council subject-matter chairmen and officers of the council. For 1949 the year's program has been made into five classifications:

1. county club projects
2. county special interest projects
3. local club special interest projects
4. county council projects
5. newspaper and radio teaching projects

A copy of the program summary by months and by projects follows this report section.

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In Graham County, Extension Service and the L.D.S. Relief Societies cooperate very closely in program planning and execution. As affiliated organizations the Relief Societies send their work directors to Extension leader-training meetings and use the Extension teaching very effectively.

During the past year only two homemakers' clubs furnished their members with year club program booklets. However, it was definitely found that the groups which had booklets for reference ran more easily and smoothly. Other clubs have now adopted the idea and will issue program booklets for 1949.

Project leaders are now being selected by clubs for the coming year. Their names will appear in the year program booklets. Leaders are chosen by several methods - volunteering, appointment, and election.

Leader report forms for specific projects are given to all leaders, and are returned to the home demonstration agent so that an evaluation of projects may be made.

The system of lay leadership has progressed remarkably during the past year. Some leaders have been excellent, and all clubs and affiliated organizations have carried on by using leaders. Extension Service has become widespread enough in the county so that leaders have to be relied upon. The home demonstration agent sent out one circular letter which explained the lay leadership system and the need for it in the county. A copy of this letter follows this report section.

One new Homemakers' Club was organized, in Safford. It is made up of young mothers who can use to best advantage the teaching which Extension Service gives. The club was formed early enough in the year so that only one project was missed.

The special interest schools held have been very popular. Many ladies had missed the school for the Tailoring of Childrens' Clothing in 1947, but they turned out in large numbers to the school for the Tailoring of Womens' clothes in the fall of 1948. Seventy-eight ladies started the course. Four sections of the class were made, two of which are completing their garments now. The other two sections will meet early in 1949. Additional special interest schools are planned for 1949 as indicated in the year program summary which follows this report section.

Newspaper articles and radio talks supplement the club program teaching done by the home demonstration agent. Special request teaching is done as the need arises.

SUMMARY BY MONTHS
for period
January 1, 1948 to January 1, 1949

MONTH	PROJECT WORK		NO. SPECIALIST DAYS
JANUARY	Adult	Restoring old furniture	1 (LTM)
	4-H	Demonstration and judging training	
FEBRUARY	Adult	Restoring old furniture	1 (LTM)
	4-H	Preparation for National 4-H Club Week	
MARCH	Adult	Restoring old furniture	1 (LTM)
	4-H	National 4-H Club Week	
		Leader training - demonstration, judging, show-manship	3 (LTM)
APRIL	Adult	Home Cleaning - clothing - upholstery	
	4-H	Preparation for Achievement Day	
MAY	Adult	Kitchen storage	
		Meal planning	1 (LTM)
	4-H	County Achievement Day and training for State Round-up	1
JUNE	Adult	Kitchen storage	
		Meal planning	
	4-H	State Round-up - Organization of clubs	
JULY	Adult	Meal planning	
	4-H	Camp	
		Concentrated project work	
AUGUST	Adult	Program for 1949	
		Election of officers	
	4-H	Project work	
		Preparation for County Fair	
SEPTEMBER	Adult	Home beautification - Health and Safety	1
		Tailoring - special interest	1 (LTM)
	4-H	Preparation for County Fair, State, and National contests	
OCTOBER	Adult	Book review	
		Tailoring - special interest	1 (LTM)
	4-H	County Fair	3
		Leader training - organization, subject matter	3 (LTM)
NOVEMBER	Adult	Handicraft	
		Tailoring - adult - special interest	
	4-H	State Fair	
DECEMBER	Adult	Handicraft - Recreation	
	4-H	Club Congress - Recreation	

Specialists' requests will be made as indicated on the sheet "Summary by Months"

Specialists' services indicated for other projects in the body of the Plan will be given at such times as the specialists are in the county for otherwise requested days.

PROJECT SUMMARY
for period
January 1, 1948 to January 1, 1949

PROJECT	PROBLEMS SELECTED	WHEN
Extension Organization and Planning	County Council meetings New adult clubs New 4-H clubs Publicity-leadership training, adult & 4-H (4-H)	May - Sept. Spring Jan.-June all year
House, Furnishings, and Surroundings	Restoring old furniture Home cleaning Kitchen storage Home beautification	Jan., Feb., Mar April May - June Sept.
Food Production	Canning and freezing - adult and 4-H	Summer
Food Preservation & Storage	Care of pressure cookers-setting up	May - June
Food Selection & Preparation	commercial testing	
Nutrition	Meal planning - adult and 4-H Diets for child, sick, aged	May-Ju-Jul-Aug. May-June-July
Health and Safety	County hospital endeavor Home Health and Safety remedies Safety publicity	Sept. All year
Family Economics and Home Management	Kitchen storage 4-H records	May - June All year
Clothing and Textiles	Beginners' sewing school Home cleaning Tailoring of adults' clothes Clothing construction - 4-H	Jan. thru May April Sept. - Oct. All year
Family Relationship		
Recreation and Community Life	Book review Achievement Days - adult and 4-H Country Life Conference	Oct. June
4-H Club	Build up year 'round clubs New club Leader training	June Mar. - Oct.
Other	County Fair State Fair	Summer - Fall Summer - Fall

County: Graham

Tentative
SUMMARY BY MONTHS
for period
January 1, 1949 to January 1, 1950

MONTH		PROJECT WORK	NO. SPECIALIST DAYS	
JANUARY	Adult	Remodeling and Salvage of Clothes	1	(LTM)
		Tailoring of Women's Coats and Suits - Spec.Int.	3	
	4-H	Horizontal project work		
FEBRUARY	Adult	Food Laws of Arizona-Milk, Meat, Undulant Fever	1	(LTM)
		Tailoring of Women's Coats and Suits-Special Int.	2	
	4-H	Horizontal project work		
		Preparation for National 4-H Week		
MARCH	Adult	Short Cuts in Cleaning	1	(LTM)
		Gila Valley Fly Control - Special Interest	1	
	4-H	National 4-H Club Week Celebration		
APRIL	Adult	Sewing Machine Clinic	1 or 2	(LTM)
		Spring County Council Meeting		
	4-H	Demonstration and Showmanship Training for leaders and club members	2	(LTM)
MAY	Adult	Short Cuts in Cooking, One dish meals, Broiler foods	1	(LTM)
		Freezing of Foods - Special Interest	1	
	4-H	Demonstration and Judging training		
		Preparation for State Round-up		
JUNE	Adult	Preparation of Salads and Desserts	1	(LTM)
		Pressure Cooker Clinic - Special Interest		
		Country Life Conference for Women		
	4-H	State Round-up		
		Reorganization of clubs		
JULY	Adult	Recreation and Community Life		
	4-H	Concentrated, vertical project work		
		Summer camp - leader training	1 or 2	(LTM)
AUGUST	Adult	Year's Business meeting and recreation - book review		
	4-H	Project work		
		Achievement Day	1	
SEPTEMBER	Adult	Making the best of appearances	1	(LTM)
		Fall County Council Meeting		
	4-H	Preparation for County Fair		
OCTOBER	Adult	Buying wearable fabrics	1	(LTM)
		Restoring old furniture - Special Interest	3	
		County Fair	?	
	4-H	Participation in County Fair		
NOVEMBER	Adult	Room color schemes and arrangements	1	(LTM)
	4-H	Participation in State Fair		
DECEMBER	Adult	Recreation and Community Life		
	4-h	Recreation		
		National Club Congress		

See attached sheet for comments

Attachment for Tentative Summary by Months
For Period January 1, 1949 to January 1, 1950

Graham County

In addition to the above, local special interest projects for adults are scheduled. Clubs may replace any of the above county program projects by the following:

Short Cuts in Sewing
Using a visiting Nurse's kit

County-wide council projects are as follows:

1. Coordinating the teaching of child feeding in the schools and churches
2. Studying the county health situation, and endeavoring to get the services of a county visiting nurse
3. Negotiating a Gila Valley fly control program
4. Studying the possibilities of a county library

* * *

Specialists' requested will be made as indicated on the sheet "Summary by Months".

All Leader Training Meetings are normally scheduled in the first full week of the month.

Specialists' services indicated for other than LTM's may be needed at various times in any month indicated

Specialists' services needed by the home demonstration agent for projects for which no specialist is called into the county may be given at such time as they are in the county for otherwise requested days

PROJECT SUMMARY
for period
January 1, 1949 to January 1, 1950

PROJECT	PROBLEMS SELECTED	WHEN
Extension Organization and Planning	New adult clubs County Council meetings County project, special int., local sp. int. Council project planning & execution New 4-H clubs 4-H program planning and execution	Jan. to Apr. Apr., Sept. Year June Year
House, Furnishings, and Surroundings	Room color schemes and arrangements Restoring old furniture Home improvement - 4-H	Nov. Nov. Summer
Food Production	Food laws of Arizona	Feb.
Food Preservation & Stor.	Short cuts in cooking, one dish, broiler	May
Food Selection & Prep.	Freezing	May
Nutrition	Salads and Desserts Pressure clinic 4-H preservation and preparation Child Feeding	June June Summer Year
Health and Safety	Food laws of Arizona Gila valley fly control County nurse Using Nurse's Kit Health emphasis in 4-H	Feb. Mar. Year Spring Summer
Family Economics and Home Management	Short cuts in cleaning 4-H records	Mar. Year
Clothing and Textiles	Remodeling and salvage Tailoring - adults' Sewing machine clinic Making best of appearances Buying wearable fabrics Short cuts in sewing Clothing construction in 4-H	Jan. Jan., Feb. Apr. Sept. Oct. As requested Summer
Family Relationship	County Library 4-H club membership	Year Summer
Recreation and Community Life	Country Life Conference Book review Club recreation County library County and State Fairs 4-H Round-up 4-H Achievement Day	June Aug. Oct., Nov. June Aug.
4-H Club	Continue year round clubs New clubs Leader training	June Apr.
Other	Publicity - newspaper, radio	

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

July 2, 1948



The Proof
of the
Pudding!

Dear Homemaker:

Arizona is growing up and falling in line with other states operating in Extension Service on a lay leadership basis. We are nearing the end of the first fiscal year in our program of Extension Service work wherein we have practiced lay leadership in Graham and Greenlee Counties. Perhaps, then, now would be a good time to evaluate the program to see: what lay leadership is, why we use lay leadership, how much it has grown, and how it works.

Lay leaders are usually farm homemakers, members of church or neighborhood organizations, or in the case of Junior 4-H leaders - older 4-H club members - who are intimately aware of the needs of their communities with a genuine interest to fulfill those needs.

It used to be that the home demonstration agent attended all homemaker meetings, but now with the growth of the program this is no longer possible. It is estimated that of the women Extension Service wants and needs to serve, not more than 1/3 regularly attend meetings, leaving 2/3 who need assistance from the agent through her office, home visits, written articles, telephone service, office service, and radio. Also since the 4-H program does not now have local school sponsors, or home economics teachers as club leaders, but is a year-round community project, and the clubs are led by lay persons who volunteer, the agent has more leaders to train. This extends the help of Extension Service farther into the communities.

Leader training meetings for every major project of the year's adult program are being held normally each month. Leaders of Homemakers' clubs or other affiliated organizations are trained to carry information back to club members at regular meetings. 4-H leaders are trained at schools held twice a year and by personal visits of the home demonstration agent.

As a part of the lay leadership program, 4-H county events are now judged by local women instead of members of the Extension staff, which means another type of training that is carried on.

Locally the Extension Service makes a special point of building a program which will fit in with the L.D.S. training program so that their leaders can be trained through the same channels.

From the foregoing it can be seen that more leaders are now being trained, in both 4-H and home-making activities, and that they are reaching more individuals. A review of the number of organizations operating through Extension Service leadership training helps us to see how more people are served:

	Beginning of 1947 (Without Lay Leadership)	1948 (With Lay Leadership)
Number of Homemakers' Clubs (Graham)	1	4
Number of affiliated organizations (Graham)	1	9
Number of Homemakers' Clubs (Greenlee)	1	5
Number of affiliated organizations (Greenlee)	0	2
Number of Girls' 4-H clubs (Graham)	6 (school type)	15 (community)
Number of Girls' 4-H clubs (Greenlee)	4 (school type)	4 "

In addition to other activities we now have a regular weekly radio program which reaches homemakers in all Eastern Arizona each Saturday morning at 11:30.

It is our hope that this growth in the numbers of leaders, as well as the number of organized clubs, will continue, and help us to reach more homemakers and girls training for homemaking, than we have been able to do in the past. We feel that the quality of our leadership has been good, and that with the interest that has been shown by the leaders, it will be better. As more clubs are organized, and more leaders trained, more people should have the help with their problems that Extension Service wants to give.

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

LEH:lg

Lois E. Harrison
Graham County
1948

III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

4. Publicity

Extension Service has been put before the public in Graham County through several expedients. The local weekly newspaper, the "Graham County Guardian" carries a regular column by the home demonstration agent, a sample of which follows this report section. Aside from the agent's column, news relating to specialties such as exhibits, council meetings, leader-training meetings, and special demonstrations are released by the agent. Other news concerning club activities is issued to the press by club reporters, samples of which follow this report section. Keener club spirit and enthusiasm are a result of local reporting by women. The cooperation of the local editor is excellent and most satisfying to the county people and the home demonstration agent.

News of the local Extension Service is carried also by the "Tucson Daily Citizen" in the Eastern Arizona Edition. News articles are released for this paper to a local reporter, who edits them and makes his own news story. A sample follows this report section.

The home demonstration agent sends to the "Arizona Farmer" news articles of county activities which are considered to be of broader, state interest. For special occasions in the county, this paper sends a reporter into the county. A sample article follows this report section.

Extension Service news is issued also to the above papers by our state Extension information office.

The county agent and the home demonstration agent have carried a weekly radio program during the past year. The air time - each Saturday from 12:30 to 12:45 P.M. - seems very fortunate. That is a time when farmers, homemakers, and 4-H young people may be found at home. The name of the program is "Stepping Along With Our County Extension Service", the musical theme is the lively march "Stepping Along". It has been the policy of both agents to vary the programs, but local interest is always a main feature. The home demonstration agent has carried out a part of the planned project program of the year by teaching over the air. When state specialists have been in the county, they have contributed in group or round-table discussions on the radio. The home demonstration agent has called on local women and 4-H club girls to take part in programs.

In addition to the regular radio programs, the home demonstration agent has announcements made from time to time on another feature

Lois E. Harrison
Graham County
1948

program - "The Bulletin Board of the Air". A special broadcast was made during the "National Home Demonstration Week" telling of the Extension Home Demonstration program and the local news of a recent County Homemakers' Council meeting.

From time to time during the year the home demonstration agent sent out circular letters to a homemakers' mailing list of 767 names. These letters carried items of current interest.

The following list gives the titles of the home demonstration agent's local newspaper column "Housekeeping Helps and Hints":

Nutrition	How Will You Start? (Breakfast) How Good is an Egg? More Tips on Buying Fresh Produce
Food Preservation	Hens for the Freezer Cool Keeping (canned goods) Remove Bones from Turkeys for Freezing When you Freeze Foods Some Canned Foods Lose Natural Color Cool Cupboard When Using Pressure Canners Proper Canner Operation Lazy Chickens are Good for Canning
Food Selection and Preparation	Turkeys Tips on Carving When we have to Look at Left-overs How Will You Start? Middle American Veal Rolls Superb and Homey Dish from Middle America What About Carrots? Citrus Delights Sweet Potatoes Make Excellent Dessert Make a Hit With the Family (cookies) Stews Make Thrifty Meals Cooking Potatoes under Pressure Cook Rice the way You Want It Winning Ways With Apples Buying Fruits and Vegetables More Tips on Buying Fresh Produce Conservation Tips New U.S.D.A. Cook Book Survey on Citrus Juice

(see next page)

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1948

Miss Potato of 1948
Cantalopes
Picnic Food
Food for Families with School Children
Coconut Dessert
Picnic Time
Cook Meat According to Cut
How do you Like Your Celery?
Sour? (use of sour cream)
Venison Needs Proper Care in Cooking
How Good is an Egg?
A Thanksgiving Theme
The Turkey and his Vegetable Companion
Cranberries in the Spot-light

Clothing and
Textiles

Pointers for Pin-up Girls
Womens' Opinion on Cotton
Treat Rayon Gently
Take Care When Choosing Socks
Care Needed in Skirt Making
Dress up Your Last Year's Dress
Do You Know Your Rayon?
Does That Slip Fit?
Shoe Costs Analyzed
Autumn Brings Collar Comeback

Family Economics
and Home Manage-
ment

Know What the Label Means
Care Needed in Washing Gloves
Mend Your Pots and Pans
Brass, Copper, or Iron; Take Care of it
in Your Home
Enamelware and Agateware, steel, tin, and glass
Care for aluminum and chromium
Take Care of your Linoleum

Health and Safety

When Using Pressure Cookers
Proper Canner Operation
Know What the Label Means

Recreation

Picnic Food
Picnic Time

Lois E. Harrison
Graham County
1948

Radio programs for the year included the following:

Extension Program and How it Operates
Furniture Renovation Schools
Tailoring School and Hints on Tailoring
4-H Program with Second Place Winner in
Girls' Record Contest Participating
Use and Care of Pressure Saucepans
Spring Clothes and the "New Look"; as
Well as "New Look" in the Home"
Recorded Program with Miss Ryan on Home
Furnishings
Program with Mr. Harvey Tate on Home and
Grounds Beautification
Saving Food
Kitchen and Household Pests
Frozen Foods Lockers and the Cooking of
Frozen Foods
How to Select a New Sewing Machine
4-H Program With Mr. McKee and Mrs. Kightlinger
Decorating with Slip Covers
Lawns and Home Grounds Beautification, with
Miss Stewart and county agent
Spring Diets
4-H Program - County Round-up; leader and club
members participating
Today's Home Builds Tomorrow's World - Home
Demonstration Week
Washing and Ironing Clothes
4-H Program - County Agent and Greenlee County
Agent Participating
Daily Bread
Current Projects - Kitchen Storage Hints
Canning and Freezing Summer Fruits and Vegetables
Freezing Vegetables
Pressure Cookers and Their Safe Use
Tailoring School News and the Current
Homemakers' Club Program
Freezing of Foods - Baked and Cooked
Breakfasts

HOUSEKEEPING

By **H**ELPS AND
Mrs. **H**INTS
Lois. E. **H**arrison

Home Demonstration Agent
Safford, Arizona

Cook rice the way you want it for different uses, suggests Mrs. Lois E. Harrison, home demonstration agent.

Some like white rice fluffy and dry. Some prefer it moist—especially for patties, croquettes and molds, because these hold their shape better with rice that packs easily. Dry or moist, for white rice at its best, follow these few simple rules.

Don't wash white rice unless necessary. It is less likely to become sticky if not washed before cooking. Packaged rice needs no cleaning. If bulk rice needs cleaning, either dry clean it by picking out husks and poor grains and rubbing the rice in a towel or, if necessary, wash the rice with very hot water.

Cook rice in as little water as possible. It retains more flavor and has firmer texture that way than when much water is used.

Boil rice gently, keep the heat low. Rapid boiling may break the grains and also the rice may boil over. Cover the pan loosely.

Do not rinse the rice after cooking. Grains will be smooth and separate if the rules are followed.

The following cooking methods are specifically for the familiar white rice, the kind that has had all of the outer layers removed and has not been treated to retain vitamins:

Prepared by these methods, 1 cup of uncooked white rice makes about 3 cups cooked, or 6 servings.

Fluffy, dry rice, boiled full-time: Bring 2 to 2 1/4 cups water and 1/2 teaspoon salt to rapid boil. Stir in 1 cup dry rice, bring back to boil, lower heat until water is just bubbling. Cover loosely and cook slowly for 20 to 25 minutes, stirring occasionally with a fork to insure even cooking. Remove lid, reduce heat, and let rice stand 5 minutes to dry out.

steamed: Bring 1 1/2 to 1 3/4 cups water and 1/2 teaspoon salt to rapid boil. Stir in 1 cup dry rice, bring back to boil, and lower heat until water is just bubbling. Cover loosely and cook slowly 15 minutes. Turn off flame or remove pan from direct heat, and let it stand 10 to 15 minutes, covered tightly, for the rice to finish cooking in its own steam.

Moist rice, cooked in double boiler: (or in covered pan set in boiling water): Bring 1 3/4 cups water and 1/2 teaspoon salt to a rapid boil. Stir in 1 cup dry rice, bring back to boil, and cook over boiling water, covered tightly, for about 45 minutes, or until tender. Stir once in a while with a fork to insure even cooking. If desired, uncover the pan and place over very low heat for a few minutes to dry the rice. The grains will be firm and well separated.

Moist rice, over-cooked: Place 1 cup dry rice and 1/2 teaspoon salt in a baking dish. Pour 2 to 2 1/4 cups boiling water over the rice. Cover, and bake in a moderate oven (350 degrees F.) 35 minutes or until rice is tender.

SAFETY TIPS: Poison and hot water—keep them away from the children and the children away from them.

Eden Homemakers Club Holds Monthly Meeting

The Eden Homemakers club held their monthly meeting at the home of Maybelle Carpenter, Oct. 21. Mrs. Lois E. Harrison brought as special guest, Mrs. Loffis Gulusha who gave a interesting talk on stencilling of Fabrics. Everyone present was given a piece of cloth to try some stencilling.

Mrs. Carpenter, who has a birthday in October received a nice gift from the club members.

Refreshments were served at the close of the meeting to Lois Harrison, Lorris Galusha, Ruby Kempton, Maybelle Carpenter, Lois Kempton, Belle Bryce, Charlotta Douglas and Cuca Hunt.

Aravaipa Homemaker's Club Hold March Meet

The March setting of the Aravaipa Homemakers' club met at the home of Mrs. Carl B. Scholesfield, with Mrs. George Claridge assisting, on Wednesday, March 17. A St. Patrick's Day theme was carried out in the table decorations and corsages of crocheted shamrocks and the singing of Irish ballads.

Seven members were present and visiting guests were Mrs. Ernest Martin, president of the Graham County Homemaker's Council, Safford; Mrs. Dave Lee, vice-president of the Graham County Council, from Thatcher, and Mrs. Bruce Bryce, secretary of the council and president of the Eden Homemakers' club. Four wonderful babies were guests of the club.

Response to the roll call on painting hints was followed by a brief business sessions, and a lesson on restoring old furniture was given by Mrs. Lois E. Harrison, home demonstration agent, Safford, with instruction on pattern making and covering of a chair and samples shown of fabrics, and their weave and, dependability as covering for furniture.

Women Drive On Increasing Clothes Costs

SAFFORD, Oct. 2.—A large group of Graham county women are waging their own private war against the high cost of living by enrolling in a special school for the tailoring of women's garments sponsored by Lois Harrison, home demonstration agent for Graham and Greenlee counties.

The project was started last year when a class was held on the tailoring of girls' clothes for school wear and a small number of mothers and daughters attended.

78 In Classes

However, officials in charge of the project this year were amazed when 78 women turned out for the first session held earlier this week. They were not expecting such a crowd, but arrangements have been made to split the group for better instruction.

The remaining three lessons will be given for Safford women in the basement of the First Methodist church while other students will attend classes in the Thatcher ward relief society hall. There are four sessions in the course of clothes tailoring.

First Lesson

The first lesson covered selection of fabrics and choice of patterns suitable for suits and coats. Instruction also covered the equipment needed for sewing and the proper way to take measurements so that correct size patterns can be obtained.

Helen Church, extension clothing specialist from the University of Arizona, is the instructor assisted by Mrs. Harrison.

Graham-Greenlee Homemakers Stretch Clothing Allowances

Pamela and Rickey Lines wear that smart brother-and-sister look by virtue of shepherd's plaid coats made by their mother, Mrs. Boyce Lines, during her Extension Course in tailoring.



26 ARIZONA FARMER
FEBRUARY 21, 1948

HOMEMAKERS in Graham and Greenlee Counties have killed two birds with one stone. They've delivered a decisive blow against the high cost of clothing, and achieved the coveted smart look for their children, by learning how to tailor children's suits and coats.

During the fall months, through the efforts of Home Demonstration Agent Lois Harrison, a tailoring class was organized in each county. Leader-training meetings were directed by Helen Church, Extension clothing specialist, and Mrs. Harrison, to teach women the techniques of cutting, fitting, pressing, and constructing garments from new wool or renovated materials.

In planning for their garments, the tailoring students discovered that ready-made children's clothes were much higher in prices than in the previous year, and that wool which would tailor well had risen as much as 50%. For these reasons many of the Homemakers were pleased to learn how to renovate wools which they already had, and convert them into attractive coats and jackets. The average cost of coats made for children from two to 17 years old, was \$7.25. Readymade coats of the same quality would have averaged about \$24.50!

Mrs. Dessie Moffet of Duncan, who sews for four children, had a hard

time deciding where to start in her coat-making program. Roy, her three-year-old son, was the lucky child; now he's wearing a blue serge coat made from a discarded pair of his dad's trousers. Mrs. Moffet says she couldn't have touched that coat in a shop for less than ten dollars, and that Roy's made-over coat is far superior in fabric than moderately priced ready-mades.

Mrs. Morine Zumwalt of Duncan chose to make a little coat for her niece, from an old coat. She brightened the coat with applique felt flowers down the front.

Mrs. John Mickelson of Thatcher, remodeled a very pretty pink coat for her daughter, observing that the items she bought to complete it cost only a dollar!

Little Sharron Merrell of Duncan is proud as a peacock in a light blue flannel coat trimmed with narrow bands of brown fur. Sharron's costume includes an over-shoulder bag of the same material, and her whole outfit—made from new cloth—cost her mother just \$6.57, plus her time and effort.

Several other women bought new materials and still effected substantial savings. Mrs. Carol Lines of Safford made beautiful shepherd's plaid brother-and-sister coats, at about a fourth of the shop cost of similar garments.

Steps to a Goal

All this didn't come about from idle dreaming. It took work and patience to learn about fabrics and design, fitting of patterns and garments, placing of tailor's canvas, making of buttonholes, and general tailoring finishes. Several of the women were especially eager to learn how to press wools to remove creases or to give a proper fit. All phases of home tailoring were relayed to local groups of Homemakers by their clothing leaders, who "learn how to teach" from Miss Church, at the leader-training meetings.

As the women completed their tailoring projects, exhibits were planned. Early in December, Greenlee Homemakers displayed finished garments, and pictures of children wearing them, in the window of a Duncan store. The Graham County exhibit was presented in Safford during a January weekend.

With Johnny Graham and Susan Greenlee looking like children in a fashion ad, their mothers have no notion of resting on their laurels. Mrs. Graham and Mrs. Greenlee are planning to start work next fall, in an Extension course in adult tailoring.

New Look for Old Furniture

MRS. LOIS HARRISON, home demonstration agent in Graham and Greenlee counties, says it's easy for a homemaker to make new furniture from old. All she needs (besides the old furniture and necessary working materials) is unlimited patience, a sure aim with the hammer; a casual attitude toward blistered fingers and broken fingernails; and persistence in the face of husbandly skepticism.

Mrs. Harrison, with Grace Ryan, Extension home management specialist, has launched a three-month series of leader training meetings, at which leaders from various women's groups assemble to study the fine points of seating and tying springs, refinishing furniture woods, and reupholstering or slip-covering. The leaders then relay newly gained information and experience to members of their respective Homemaker Clubs or LDS Relief Societies.

Among other points, leaders learn how to judge a piece of old furniture for its possibilities, and decide

whether it's a job for a home project or a professional repair man.

Many a home in Graham and Greenlee counties already reflects the success of the new project. Mrs. Beulah Brooks, of the York Homemakers' Club at Duncan, is refinishing an antique mahogany chair and some dining room chairs as well. Mrs. Ione Packer of Franklin has a couch ready for reseating the springs. In the meantime she has made a padded footstool, too. Eden Homemakers are concentrating their efforts in the complete renovation of one davenport and chair. Several groups meet regularly to tackle, turn about, the individual furniture-restoration projects of members.

Even husbands have become seriously interested in this project of the womenfolk. More than one has stayed about home while instruction meetings were going on, to watch and listen unobtrusively — or even to take an active part in the work!

26 ARIZONA FARMER
MARCH 20, 1948

An Audience for Mother



PAMELA and Ricky Lines of Saford are falling into a habit of getting themselves photographed for Arizona Farmer pages. In the Feb. 21 number, you saw them proudly wearing the beautiful brother-and-sister coats, made by their mother, Mrs. Boyce Lines. This time they're watching Mother at work converting an old cast-off rocking chair into a lovely, sateen - upholstered slipper chair with a heart-shaped back.

Mrs. Lines looks too young to be the mother of two such husky youngsters, and to have had much experience in matters of clothing construction and furniture restoration. Previous experience in tailoring and upholstering qualified her as a super-special leader to take training in both from Mrs. Lois Harrison, Graham-Greenlee home demonstration agent, and Grace Ryan, Extension home

management specialist — and relay that training to members of the Layton Ward Relief Society.

In addition to the brother-and-sister coats, Mrs. Lines made herself a shepherd's plaid coat exactly like Pam's, and is making her husband a sports coat of the plaid combined with plain brown wool. She has been chief aid and abettor at numerous regular and special work meetings, as members of her group labored to finish their projects in children's tailoring in time to have them featured in a style show March 16, on the occasion of a Relief Society anniversary.

As to the new project in furniture renovation, she got a head start on that when she took a course in upholstery a few years ago, in a coast city. The rose tapestry chair Pamela is sitting in is one upholstered by her mother, with results rivaling a professional job.

For the slipper chair, Mrs. Lines cut off the rockers and most of the back; attached a heart-shaped back cut with a coping saw from plywood; covered back and seat with mattress hair padding, and covered that padding with cotton batting. The chair is being dressed in rose-sprigged sateen with rose-colored piping at the seams and a gathered, rose-faced flounce.

Extension Tailoring School, Mothers and Children



Left to right: top row: Corenne Hart, Mrs. Thelma Hart, Ft. Thomas; Mrs. Ileen Hoopes, Mrs. John Mickelson, Mrs. Dave Lee, Mrs. Grace Allen, Mrs. Eunice Curtis, Mrs. J. A. Udall, Lela Lee Udall, all of Thatcher. Lower row: Brenda Hoopes, Connie Marie Mickelson, Max Phillips, Loann Allen, Gary Curtis.



Mrs. Georganna Hatch and son, Chris; Mrs. Vernele Reed and daughter, Karen, all of Safford.

Graham county women are beating the high cost of children's clothing by making coats and suits for their children. In order to tailor garments, it requires time, patience and skill, as these women have shown in the quality of the garments they have produced. Children's clothing in the past several years has increased in price out of proportion to adult clothing. The reason for this is probably due to higher labor costs, inasmuch as it takes practically as much time to construct a child's garment as it does an adult's.

In purchasing wool fabric during the month of September, they found great difficulty in finding on the market the kind of wool that would tailor well. Many of the garments were made from old fabrics that they had on hand. They found, too, that the price of wool had increased in some instances 50 per cent from a year ago. In spite of this, a great saving was made in most instances. The average cost of coats made for children from 2 to 17 years of age was \$7.25, and the coats of the same quality on the market, according to women making them, would have cost an average of about \$24.50.

A series of four meetings were held with 18 women in Graham county under the leadership of Lois Harrison, home demonstration agent, and clothing specialist, Helen L. Church, from the University of Arizona. At the first meeting, the women learned of the equipment so necessary for doing a good job. Fabrics and designs were discussed. The patterns were selected and cut from muslin for fitting. The second meeting consisted of making the shoulder pads, fitting of muslin, and adjusting so that their garments would be of the correct size. The third meeting was devoted to the fitting of garments, placing of tailor's canvas, making of buttonholes, and general technique necessary for finishing. The fourth meeting was devoted to final fitting of the garments and putting in the lining.

Although many women in the group had done very little sewing previous to this, others had had experience in sewing. The fitting of garments on little children is a rather difficult task, as the mothers experienced. We do hope the coats can be worn more than one season. So many ready-made garments are made with such small let-down hems, and children grow so rapidly that good garments are soon discarded.

The women of the school represented homemaker's clubs and L. D. S. Relief Societies. Three of these Relief Societies are now making tailored articles. All the women will act as leaders to help the women in their groups with the making of garments.

Lois E. Harrison
Graham County
1948

III. PROJECT ACTIVITIES AND RESULTS

B. House and Furnishings

The House and Furnishings area of Extension Service teaching had a prominent place in the past year's work. The project of Restoring Old Furniture was studied in the months of January, February, and March. Three leader-training meetings were held with the home management specialist to which leaders turned out to the great satisfaction of the home demonstration agent. The work was divided into three categories - spring resetting and tying, refinishing of woods, and re-upholstery or slip covering. The women meant business when they said that they wanted to know how to fix their furniture. Workshop days in addition to leader meetings and club meetings were held. Leaders made much of their own illustrative materials to use in their teaching. Ladies have profited by being able to repair or refinish chairs, davenports, beds, tables, and cabinets. Some built by their own handiwork footstools, magazine racks and work tables. Many have recovered furniture with slip covers or new upholstery. One lady gained the inspiration to saw an old davenport in two, and make two sectional chairs. Individual women brought articles on which they were working to the meetings, thus giving all the group further training and experience in specific problems. The home demonstration agent worked with leaders in many of their club meetings.

The furniture project was carried by both Homemakers' clubs and L.D.S. Relief Societies. Even so, the report comes in frequently that some women missed the study. The home demonstration agent has assisted individuals many times with their furniture problems. The project is to be one for a special interest group next year.

Pictures which follow this report section are of furniture made or repaired by one woman. She made a spring seat for the barrel-back chair, repaired the frame, refinished the padded legs, and upholstered the chair. She built the desk and magazine rack out of odds and ends of lumber and finished them according to what she had learned about refinishing woods. She made the desk lamp out of an old blow-torch. Her barrel-back chair was exhibited at the spring County Council Meeting. The tall reading lamp she made out of parts of a cream separator. This woman, with her own carpentering ability, her imagination, and the training which she got through the Homemakers' club, has been able to make her farm home a much better place in which to live.

Leader reports indicate how widespread the furniture work has been. The project of restoring old furniture will long show results in the county. What the women have learned will stay with them for a long time, and many more ladies will benefit by the friendly, neighborhood teaching methods of rural women.

The introduction to color and fabrics which the women got in the furniture project has led to the planning of room arrangement and color scheme projects for the coming year.

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During the past year there has been a heavy program of building new homes in towns. However, there has been little done in that line among the farm and ranch folks. Rural families have done some remodeling, and the home demonstration agent has assisted them with their plans.

The farm house on the University of Arizona Experimental Farm near Safford continues to be a subject of interest in house building, and room management. Features of the kitchen and bedroom closets have been copied in many new houses. Certain features of the hall closets and workroom are adversely criticized by local people. The color scheme of the interior decoration is generally thought to be beautiful, and has been used, with variations, in other homes.

The home demonstration agent has used furniture cut-outs with individuals to good advantage in helping to plan rooms. These tools will be used to greater extent in the coming year in project work. The expandable house plans shown at the Country Life Conference fascinated the women. It is expected that they will be used in the county next year in connection with house studies.

Radio talks of the home demonstration agent which dealt specifically with House and Furnishings are as follows:

- Furniture Renovation Schools
- House Furnishings
- Home Grounds Beautification
- Decorating With Slip Covers
- Lawn Beautification



Barrel back chair rebuilt and re-upholstered

by Mrs. Thelma Hart



Desk and magazine rack made of lumber scraps.

Lamp made of part of a blow torch.

All articles made by Mrs. Thelma Hart.



Mrs. Thelma Hart showing her table lamp
made of parts of a milk separator

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III. PROJECT ACTIVITIES AND RESULTS

C. Nutrition

The war made everyone food conscious for general economic reasons, but this year it has been the very high cost of food that has made all people give serious thinking to food and food buying. Nutrition project work in the county was divided into two specific lessons - "Meal Planning, or "What You Can Do With Meals", and Child Feeding, or "Feeding Children and Their Families".

The state Extension nutritionist was in the county to hold a leader-training meeting for the first subject lesson. Colored slides and food models were used as impressive methods of food study. Leaders made a week's menus for their own families, scored them by the Daily Seven food chart, and made shopping lists according to food group headings. The training meeting was so planned that leaders might choose what parts they would handle with their own organizations. Illustrative material and bulletins were furnished to them. In the clubwork which followed many women came to see the advantage of planned meals and planned shopping. They have decided that these methods out-weigh by far the hit-and-miss system. Basic Seven, or Wheel of Good Eating charts now hang in many kitchens, and the home demonstration agent hears that it is the children of families who keep very strict watch of meals in relation to the recommended foods of the chart. So, the project of "What You Can Do With Meals" has had its effect in whole families. Repeat requests have been made for the bulletin "Meal Planning Made Easier". This project was extended to women who do not attend meetings through the medium of the radio.

The lesson "Feeding Children and Their Families" was given in a leader-training meeting by the home demonstration agent. The same general theme was followed as in the first lesson. Emphasis was placed on foods for children and the ways by which all the family may eat the same basic meals. Simple cooking methods were stressed. Leaders carried this project to their own groups using the "Wright Family" bulletin and the "Moore Family" bulletin. Menus for several days or a week and corresponding shopping lists were practiced again. It is, no doubt, due to the interest in this project that the County Homemakers' Council has set up as one of its major county endeavors for the coming year the coordinating of child feeding teaching in the local schools and churches. Therefore the nutrition work of this past year will continue its effect.

Because of the above-described project and the continued high food prices, the study of food buying and low cost meals has been put

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into next year's program. Women are interested in having some food prepared at all food lesson meetings and special features made of one dish meals, broiled foods, and of salads and desserts.

Leader reports which show the results of the nutrition project have been turned in to the home demonstration agent. As well as showing the effectiveness of this year's project, they will be useful in arranging next year's lessons in the nutrition field.

One food and health situation has been brought to marked attention this past year and is to be studied as a project next year: - food laws of Arizona. Milk pasteurization and undulant fever will be studied in detail.

Individual requests were answered about canning and freezing. These projects were not a part of the club program, but they were handled by means of news articles and radio talks. Retaining the food value of preserved foods was stressed. The home demonstration agent assisted women in planning special diets for particular family members.

The "Housekeeping Helps and Hints" column of the home demonstration agent in the local newspaper has published the following articles which deal specifically with Nutrition:

How Will You Start? (Breakfast)
How Good is an Egg?
More Tips on Buying Fresh Produce

The following radio talks covered phases of nutrition:

Spring Diets
Daily Bread
Frozen Food Lockers and the Cooking of Frozen Foods
Breakfasts

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III. PROJECT ACTIVITIES AND RESULTS

D. Food Preservation and Storage

In 1948 Food Preservation was not a specific part of the club program, though it was a definite part of the general county teaching. Individual assistance or advice was given many times on the problems of both canning and freezing. Teaching was done also through the press and radio.

The latest U.S.D.A. canning bulletin has been very much in demand. Women are glad that the pressure cooker processing times have been shortened, and they are all desirous of following the instructions. Days were set aside for testing pressure cooker gages and safety valves. Even though this manual service could be done by some local commercial firm, the instructions for the proper use and care of cookers would be missed. This latter consideration is equally important, and very much needed. It is still true that many women using pressure cookers do not use and care for them safely. Realizing again that women should be warned about the safety feature, the home demonstration agent tried to spread instructions over the radio. Home canning may be on the decline in many cases because of the efficiency of community canneries and greater use of commercial and home freezing units.

By a summary of the preservation questionnaire there is a drop in spoilage. It is probably due to the use of new self-sealing lids. During and since the war there has been trouble with these lids. Now, however, the manufacturing companies have become aware of the difficulty and have corrected it. Graham County does not raise fruit and vegetables in great quantities for canning, but many families get products from other sources to fill out their larders. The questionnaire shows that a cross-section of the county families preserved food as follows:

Average number in family for this report - 4.

Amount	Fruits	Vegetables	Meats and Fish
Quarts canned	3,264	457	79
Gallons brined	10	128	
Pounds dried			
Pounds cured			650
Pounds stored	30		
Pounds frozen	200	5	786

A copy of the preservation questionnaire follows this report section.

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Freezing as a method of preservation is growing in popularity. Families in greater numbers are using the facilities of the freezer locker plant, and a surprising number have home freezer units. Food preservation requests coming to the home demonstration agent are as often about freezing as canning. It is interesting to note that town families, even more than farm families, have purchased freezers. Since not too much garden or orchard produce is raised in the county, one questions whether or not the buying of freezers is a wise use of money. It must be that people definitely prefer frozen foods over canned and are willing to pay the difference in price. The freezing units can constitute a saving when foods are bought wholesale, either fresh or package frozen.

Requests have been answered about the freezing of practically all foods - from meat and fish to baked foods and dairy products. Since a freezer unit is not yet the expected piece of equipment in rural kitchens, freezing will be taught next year as a special interest project. It is hoped that the local locker plant and the Extension Service may cooperate in instructions to the public. The home demonstration agent has a home freezer, and therefore can experiment with foods of any kind.

Following this report section is a radio talk given by the home demonstration agent on the subject of freezing.

The following articles dealing specifically with food preservation were carried in the agent's column in the "Graham County Guardian":

- Hens for the Freezer
- Cool Keeping (canned goods)
- Remove Bones From Turkeys for Freezing
- When You Freeze Foods
- Some Canned Foods Lose Natural Color
- Cool Cupboard
- When Using Pressure Canners
- Proper Canner Operation
- Lazy Chickens Are Good for Canning

Radio talks included information on food preservation as indicated in the following:

- Frozen Foods Lockers and the Cooking of Frozen Foods
- Canning and Freezing Summer Fruits and Vegetables
- Freezing Vegetables
- Pressure Cookers and Their Safe Use
- Freezing of Foods - Baked and Cooked

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Graham County Cooperating

State of Arizona

Safford, Arizona

Agricultural Extension Svc.
Home Demonstration Work
County Agent Work

Keep up the



PLEASE RETURN FORM BELOW TO: LOIS E. HARRISON, Home Demonstration Agent, Safford, Arizona by NOVEMBER FIRST, 1948

Dear Homemaker:

In order that your County Extension Office and the State Extension Service, which serve the rural homemakers in an educational way, may have an account of what foods homemakers are preserving, please fill out the table below:

The information on home preserving food which you indicate will be used in the County, State, and National summaries of home preserving food.

We all appreciate the importance of home preserving....let's all make a good showing of our food patriotism!

Sincerely yours,
Lois E. Harrison
Lois E. Harrison
Home Demonstration Agent

FOOD PRESERVATION OF 1948

NAME: _____ ADDRESS: _____ NUMBER IN FAMILY: _____

	: Fruits	: Vegetables	: Meats & Fish	: Spoilage
Quarts canned	:	:	:	:
Gallons brined	:	:	:	:
Pounds dried /2	:	: 5/	:	:
Pounds cured /3	:	: 5/	:	:
Pounds stored	:	:	:	:
Pounds frozen /4	:	:	:	:

- 2/ The weight finished product after drying
- 3/ The weight product before curing
- 4/ Include contents locker plants and home freezer units
- 5/ Do not include vine matured peas and beans

RADIO

Lois E. Harrison

for

August, 1948

FREEZING VEGETABLES

Good afternoon, homemakers.

Last week we talked about the home freezing that so many of you are doing these days, but we had time to really discuss only two fruits - strawberries and peaches. Those two gave you a sample of each of the general kinds of fruits we freeze - the small, whole fruits, and the large, fleshy fruits that are cut in preparation.

So, this week we'll go over the rules relating to vegetables. You may want pencil and paper today too. First of all we know we want tender, fresh vegetables, and we want to prepare them for freezing just as soon as possible after they're picked. Sweet corn, green beans and others lose their fine, fresh flavor quickly, so we do want to handle them without delay.

Vegetables to be frozen are blanched for a certain length of time to lessen the action of enzymes. The enzymes help, all right, in the growth and ripening of the vegetables, but then they keep right on acting after the product has reached maturity, and they cause the food to lose color, vitamins and flavor. These changes will go on, even after the vegetables are frozen - unless the food is scalded beforehand - scalded at the right temperature and for the right length of time. So this is one step that is absolutely necessary when freezing vegetables - even though it is not when doing fruits.....if you want a product that is good in color and still nutritious in vitamin content.

You may do the scalding in boiling water or in steam. Leafy vegetables, such as spinach, must be done in boiling water so that they are evenly heated through. Be sure to use a large kettle with plenty of water - at least a gallon - so that the food can be completely immersed. Steam blanching is best for all vegetables except the leafy ones. To steam scald, you need a kettle with a tight lid and a rack to hold the scalding basket one or two inches above the boiling water. Use an inch or two of water in the kettle. Cover the kettle and keep the heat high.

Correct blanching is really the most important step. Under-blanching is probably worse than none because it stimulates the enzymes. Over-blanching drains out the color, flavor, vitamins, and minerals. So be sure to follow precisely the blanching time directions for each individual vegetable. For example, green beans are to be blanched two to three minutes, whole grain corn five to seven minutes.

After scalding, all vegetables should be cooled just as quickly as possible in cold or iced water. This stops the cooking. It usually takes as long to chill as to scald.

All vegetables are packed for freezing without seasoning. That answers one of the questions I mentioned last week. Covering them with water or a brine solution is not only unnecessary, but results in a poorer product. Sweet potatoes are an exception to the rule, because sugar is added.

Packaging should be done quickly, all the air possible being removed. Then the freezing should be done just as soon as possible.

Let's see how these rules apply to corn. Whole kernel corn is most successful for freezing. Many may like to freeze corn on the cob, but it takes up a great deal of valuable freezer space, and it does not have the flavor of fresh corn on the cob. Husk, wash or scrub the ears in cold water. Dip the corn in rapidly boiling water for seven minutes. Cover the kettle to hold in the steam. Cool in iced or cold running water for seven minutes. Cut the corn off the cob, being sure not to cut too deep. Pack loosely into your containers, to within one-half inch of the top. Close and seal the cartons, label and freeze. Remember to leave air space around each carton as you set it in the freezer unit.

The firm-bodied vegetables are the ones commonly frozen. Watery vegetables, such as tomatoes, lettuce, celery have not been frozen satisfactorily.

Another time we'll talk about freezing poultry and meats. Just now if you don't have your copy of the U. S. Department of Agriculture bulletin "Home Freezing of Fruits and Vegetables" be sure to write or come in for it at my office in the Courthouse in Safford or the County Agent's office in Duncan.

In Graham County this past week we tested the gages and safety valves of pressure cookers. Many women were advised to get new gages or replacement parts for the safety valves. The testing shows that pressure cookers do need attention. We gave out instruction sheets on the care of cookers, and the U. S. Department of Agriculture bulletin entitled "Home Canning of Fruits and Vegetables". Keep in mind that you all can get that bulletin too, at my offices. You ladies in Greenlee County have the pressure cooker testing day still coming - Next Monday, August 16th. Bring the lid only of your cooker to the office in Duncan.

So the best of luck to you homemakers in both your freezing and canning.....

We're glad you folks were with us today; we'll look for you and your friends next week.

Lois E. Harrison
Graham County
1948

III. PROJECT ACTIVITIES AND RESULTS

E. Food Selection and Preparation

Food selection was studied as a part of the project on Meal Planning, but it was not a project in itself. The introduction to food selection and buying made in the nutrition project has resulted in Food Preparation being set up in next year's program. The high cost of food has made everyone aware of shortcomings in buying knowledge and nutrition knowledge. A survey of the local food stores reveals that prices range greatly among stores of one town and among towns of the county. Therefore it is expected that a study of prices and qualities will be of high interest.

The nutrition project of the past year did not include the preparation of food, it dealt with the planning of meals. However, the plan for the coming year states clearly that all lessons dealing with foods study will include food preparation. It must be that women have turned a cycle again and are genuinely interested in nutrition and cooking, which has not been the case since the war. Specific items of study next year will be one dish meals, broiled meals, salads, and desserts.

Food preparation requests for advice and for bulletins have been constant through the year. Requests about the purchase of pressure saucepans, stoves, and refrigerators show that women are serious about nutritious and economic cooking and serving of food. At least one radio talk was given during the year about cooking in a pressure saucepan. Nutritious preparation of food was emphasized as well as the ease and economy of pressure cookery.

Ordinarily at each pot luck club dinner or afternoon refreshment hour there is a discussion of food preparation. It is a subject on which women repeatedly instruct each other.

Food selection or preparation was the theme of the following articles published in the home demonstration agent's column, "Housekeeping Helps and Hints":

- Turkeys
- Tips on Carving
- When We Have to Look at Left-overs
- How Will You Start Breakfast?
- Middle American Veal Rolls
- Superb and Homely Dish from Middle America
- What About Carrots?

(see next page)

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Citrus Delights
Sweet Potatoes Make Excellent Dessert
Make a Hit With the Family (cookies)
Stews Make Thrifty Meals
Cooking Potatoes under Pressure
Cook Rice the Way You Want It
Winning Ways With Apples
Buying Fruits and Vegetables
More Tips on Buying Fresh Produce
Conservation Tips
New U.S.D.A. Cook Book
Survey on Citrus Juice
Miss Potato of 1948
Cantalopes
Picnic Food
Food for Families with School Children
Coconut Dessert
Picnic Time
Cook Meat According to Cut
How Do You Like Your Celery?
Sour? (use of sour cream)
Venison Needs Proper Care in Cooking
How Good is an egg?
A Thanksgiving Theme
The Turkey and his Vegetable Companion
Cranberries in the Spot light

Radio programs which included information about food selection and preparation were as follows:

Use and Care of Pressure Saucepans
Saving Food
Frozen Foods Lockers and the Cooking of Frozen Foods
Spring Diets
Daily Bread
Breakfasts

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III. PROJECT ACTIVITIES AND RESULTS

F. Health and Safety

The Homemakers' club program for the month of September was entitled "Home Health Remedies". The assistance of two registered nurses was secured. In turn these ladies presented to groups the actions to be taken in case of such things as shock, wounds, snake bites, convulsions, taking poisons and so on. Demonstrations were not made, but ladies asked questions any time during the discussions and personal help to individuals was realized.

The council has recommended that a follow-up on the same subject be made next year. It has been put into the program as a project which clubs may choose as one of local special interest.

A report made to the fall council meeting by the home demonstration agent concerning the state of public health in the county showed a rather deplorable situation. Immediately the council voted to study into the conditions and do what it can toward bettering health facilities. A committee of four members will make contacts and recommendations. A concerted attempt will be made to secure the services of a county visiting nurse.

A county hospital is still the hope of many. Obstacles against it are being overcome, and it is hoped that when the issue comes to a hearing, provisions for a hospital will go through.

One Homemakers' club has voted the purchase of a visiting nurse's kit for the use of the entire community. It will be kept at the home of one of the club members who is a registered nurse. This particular isolated community will certainly welcome such a service.

The Tuberculosis Mobile X-ray Unit of the State Health Department was in the county for several days. Chest x-rays were given in each community of the Gila Valley. For the second year now this service has been given, and valley residents have taken full advantage of it.

Doctors and school nurses of the county have been very cooperative in giving examinations to 4-H club members. All young people who have attended state 4-H Round-up or Camp have been examined free.

The several doctors of the county sponsored a booth at the county fair which advocated a county hospital. Sound film movies were shown at this booth warning folks to watch out for their health. The Arizona Cancer Society was responsible for the movies which

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dealt with many diseases, not cancer alone. This means of health education at the fair was highly effective. The home demonstration agent talked with the state representative of the Cancer Society in regard to possible club teaching in the coming year. Certain of the films shown at the fair would be excellent to show to rural women.

The shocking number of cases of undulant fever in the county has brought the importance of pasteurized milk to the foreground. Food laws of Arizona will be studied next year as a club project. Accent is to be given to safe milk and meat. The home demonstration agent plans to secure the assistance of the county health sanitarian for this project.

Safety was emphasized in the teaching of home cleaning of clothing. Only approved cleaning solutions were recommended and warnings were given that all cleaning must be done out-of-doors on the ground.

Safety publicity has been issued through posters, circular letters, and the newspapers. The column of the home demonstration agent in the local paper always carries a "Safety Tip". One radio talk advised the safe use and care of pressure cookers and saucepans. A copy of one circular letter follows this report section.

Articles about health and safety published in the "Housekeeping Helps and Hints" column of the home demonstration agent were as follows:

When Using Pressure Canners
Proper Canner Operation
Know What the Label Means

Following this reports section are samples of the "Safety Pays" tips used in the regular column of the home demonstration agent which appears in the local paper, the "Graham County Guardian".

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Safford, Arizona
July 22, 1948



Dear Farm Folks:

Did you know that on the basis of past records:

51 farm residents will be killed every day during the
next 12 months

96 farm buildings will be destroyed by fire every day
during the next 12 months

more farm people are injured by accidents in the HOME
than anywhere else on the farm

TO PREVENT DEATHS AND ACCIDENTS ON YOUR FARM OR IN YOUR HOME
HERE ARE SOME OF THE HAZARDS THAT YOU SHOULD ELIMINATE:

Stairs without handrails, or in need of repair
Faulty mechanical or electrical equipment
Unsafe bull pens
Unsafe ladders
Defective hand tools
Rotten boards or planks in porches
Inadequately lighted barns
Loose boards with nails in them
Uncovered water tanks, cisterns, wells
Rubbish in the yard
Oil-saturated or paint rags
Weeds, brush, old lumber or other fire hazards around buildings
Unmarked and unpainted gasoline containers
Loose matches
Homemade electric fence controllers
Improperly stored explosives or inflammable liquids
That loaded gun
Poisonous insecticides stored within reach of children
Any equipment not properly guarded
Any tripping hazard

Sincerely yours,

S. L. Owens

S. L. Owens
County Agent

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

SLO:LEH:lg

25, D. C." Your copy will be sent you promptly.

Safety Pays: A child's life is worth all the safety devices we can think of; teach children to keep things out of the mouth. A nail or knife might run clear through the throat if they fell.

SAFETY PAYS: Do you keep handles of cooking utensils on the stove turned back from the front?

SAFETY PAYS: Children must play; don't make the place a set of traps to cripple and kill them. Think about harrows with teeth up, rakes or sharp hoes left where they can trip and fall on them, baled hay or straw carelessly piled which might smother, or heavy objects left where they can fall over onto children.

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Graham County
1948

III. PROJECTS ACTIVITIES AND RESULTS

G. Family Economics and Home Management

The club project for the month of April was Home Cleaning of Upholstery and Clothing. The home demonstration agent received private assistance from both the home management and clothing specialists so that she might carry out the project. No leader-training meeting was held; the home demonstration agent handled all meetings of the month. When approximately 50 women turned out for one demonstration it can be seen that this homemaking economy was popular and appreciated. It has been carried over to next year's program as a project which clubs may choose as their own special interest. Safety warnings were given for the use of cleaning solvents. Women have reported that they are no longer reluctant to attempt home dry cleaning of either clothing or furniture now that they have seen for themselves that it can be done satisfactorily and reasonably safely.

The Kitchen Storage project was handled by the lay leadership system. The home demonstration agent held two leader-training meetings; one in May, one in June. She had previously received instructions from the home management specialist and was furnished much illustrative material. The first phase of the project taught the making of convenient cabinet arrangements. Step shelves, horizontal and vertical partitions, and drawer dividers were featured. Illustrative materials and tools were passed about among the clubs and organizations for the lesson. The second phase of the project dealt with suitable arrangements of kitchen equipment. Step studies and "kitchen travelogues" proved to be of keen interest. Plans of the "Sater" kitchen were issued upon request. Leader reports show that the ideas of more efficient kitchens have taken root.

As a sample of what can be done, one woman has made the following changes in her own kitchen; step shelves in her dish and food cabinets, vertical dividers in her dish and cookware cabinets, a built-in table-top cabinet beside her refrigerator, a protective knife rack, a shelf for the flat iron above her ironing board, and a small work table placed on wheels. The kitchen table and knife holder she made as a result of both the project on furniture and the one on kitchen storage. The picture which follows this report section shows both these articles. Women who have been exposed to this kitchen storage study will find themselves using certain

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parts of their new learning for a long time to come.

The subject of efficient kitchens brought requests for study in work simplification. One project for the coming year will be that of Easier Cleaning Methods. Ways and means of simplifying house cleaning will be taught.

Articles of Family Economics and Home Management which appeared in the home demonstration agent's newspaper column were as follows:

Know What the Label Means
Care Needed in Washing Gloves
Mend Your Pots and Pans
Brass, Copper, or Iron; Take care of it in Your Home
Enamelware and Agateware, Steel, Tin, and Glass (care)
Care of Aluminum and Chromium
Take Care of your Linoleum

Phases of Family Economics and Home Management were discussed in radio talks as follows:

Furniture Renovation Schools
How to Select a New Sewing Machine
Decorating with Slip Covers
Washing and Ironing Clothes
Current projects - Kitchen Storage Hints



Kitchen worktable and knife rack made

by Mrs. Thelma Hart

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1948

III. PROJECT ACTIVITIES AND RESULTS

H. Clothing and Textiles

Studies in Clothing and Textiles for the past year have been highlighted by tailoring. A store window display was made in Safford in January showing children's tailored clothing made by women under the supervision of the state Extension clothing specialist and the home demonstration agent. Pictures of the display and individual garments follow this report section. Nineteen women completed the course, many of whom served as leaders to teach tailoring in other groups. Leader reports indicate that the teaching of this project has had more practical application than any other. For example: three leaders spent 68 days working with women in the project with the results that 40 women made tailoring equipment and constructed 40 children's tailored garments.

One clothing leader who is the mother of three children made a "family ensemble" - brother-and-sister coats for the two older children, coat for herself, and jacket for her husband. A picture of the children in their home-tailored garments follows this report section.

A sewing directors' school was taught by the home demonstration agent for the St. Joseph Stake of the L.D.S. Church. The making of house dresses was divided into seven lessons which covered suitable fabrics and designs, alteration of patterns, fitting, and construction techniques. The five sewing directors carried on similar schools in their Relief Societies. Their teaching was for young women who were learning to sew.

Because of the great interest in tailoring a special interest school for the making of women's coats and suits was taught during the fall months - again under the tutelage of the clothing specialist. Seventy-eight women attended the first session. They were divided into four class sections, two of which are completing their garments in November, two of which will do their work in January and February of 1949. Such widespread interest is a result of the course given almost a year ago. The ladies have chosen fabrics of excellent quality, and have been very meticulous in their construction techniques and choice of findings. Pictures of garments made in the course follow this report section. Tailoring classes in some organizations have already been started again by lay leaders.

Letters concerning the tailoring school follow this report section.

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The saving in money realized by ladies who have completed the school is very impressive. Figures from 25 women show over a thousand dollars saved - or \$40.44 on an average per woman.

The county interest in home sewing is not a passing one. Next year's program includes one project on the remodeling of garments and make-overs in clothing and house furnishings. A sewing machine clinic is the subject of another project. The clothes consciousness of women is expressed in next year's work under the heading of "Making the Best of Appearances". "Buying Wearable Fabrics" is the lesson topic of another club study for the coming year.

Handwork teaching has been done mainly by local leaders. Most clubs chose to learn textile stenciling, though one devoted a meeting to the learning of knitting, another to a lesson in pottery making.

"Housekeeping Helps and Hints", the column of the home demonstration agent in the local paper, has published the following articles about Clothing and Textiles:

Pointers for Pin-up Girls
Womens' Opinion on Cotton
Treat Rayon Gently
Take Care When Choosing Socks
Care Needed in Skirt Making
Dress up Your Last Year's Dress
Do You Know your Rayon?
Does That Slip Fit?
Shoe Costs Analyzed
Autumn Brings Collar Comeback

Information on Clothing and Textiles was included in the following radio talks:

Tailoring School and Hints on Tailoring
Spring Clothes and the "New Look" as Well as "New Look" in
the home
Washing and Ironing Clothes
Tailoring School News and Current Homemakers' Club Program



Store window exhibit of garments made
in the Extension School for the making
of Children's Tailored Clothing.



Mrs. Georganna Hatch and son
Mrs. Vernell Reed and daughter

Children's garments made in the Extension School
of tailored garments



Group of children showing six garments
made in Extension School of children's
tailored clothing



Mrs. Joseph Norton showing coat made in
Extension school of adults' tailored clothing



Mrs. Martha Phillips showing coat made in
Extension school of adults' tailored clothing

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

August 20, 1948

Dear Officer:

As you know, there will be a "tailoring school" for the making of Adults' Tailored Clothing" to be carried on by the University Extension Service here in Graham County this fall.

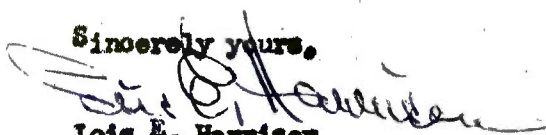
The first meeting of the school will be held during the week of September 20th. Three other meetings will follow, one in the last week of September and two more in October.

This tailoring school is especially for ladies who are already adept at general dressmaking and are particularly desirous of learning tailoring. Women who are to serve as sewing directors or teachers in any organization during the coming winter will want to take the course.

As president of your club or organization, will you please be responsible for returning to me the enclosed enrollment form. We must know how many ladies to expect in the class. As the form states, please return the enrollment list to me by September 7th.

Last year many ladies were disappointed in not being in the class because they heard about it too late. So this year, let's see that everyone knows about it and has a chance to enroll and take tailoring lessons.

Sincerely yours,


Lois E. Harrison
Home Demonstration Agent

Attachment
LEH:lg

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Graham County Cooperating

State of Arizona

Agricultural Extension Work
Home Demonstration Work
County Agent Work

Safford, Arizona

September 16, 1948

Dear Homemaker:

Your name has been entered on our list for the school for the making of "Adults' Tailored Clothing".

The first meeting will be:

GREENLEE COUNTY, Tuesday, September 21st, 10:30 A.M. County Agent's
Office, Duncan

GRAHAM COUNTY, Wednesday, September 22nd, 10:30 A.M. Thatcher Relief
Society Hall

The morning session will cover selection of fabrics and designs; the afternoon session will include a demonstration of making tailoring equipment, and the taking of body measurements necessary for purchasing patterns.

Please bring the following:

1. Notebook
2. Pencil
3. Patterns or designs considered
4. Sample of fabric - if already selected
5. Two (2) tape measures
6. Sack lunch

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

LEH:lg

Lois E. Harrison
Graham County
1948

III. PROJECT ACTIVITIES AND RESULTS

I. Recreation and Community Life

The Klondyke Homemakers' club is still the best example of Recreation and Community Life stemming directly from Extension Service. The women of this isolated community get together seldom except for their club. They make a rather festive occasion of their pot-luck dinner, and always arrange for a recreational period of the day as well as for the current lesson. Other clubs have found that allowing time for games or singing has added zest to their project meetings. One club, which met for some time in the L.D.S. Relief Society Hall, found that meeting in homes created more pleasure. This particular club has hit upon the idea of meeting each month in the home of a member who has a birthday that month. The club makes a small gift each time to the hostess. Some clubs participate in family recreation by having summer picnics and Christmas dinners or parties.

A Christmas subject letter and greeting was sent to 150 women of the county. It served as an accent to holiday festivities. A copy of the letter follows this report section.

Country Life Conference for Rural Women of Arizona, held at the state university in June, was a recreational and educational highlight. In planning for attendance "our eyes were larger than our tummies". Transportation proved to be the main problem which kept ladies at home. Six women attended, representing the county very admirably. The various activities of the conference were entered into by all these women, and they reported a satisfying and challenging three days. It is hoped that these conference-goers will spread the word among their clubs and wards to bring even greater interest for another year's conference. They have described the conference doings in their clubs and council meeting.

The County Homemakers' Council has laid out for itself county-wide projects for the next year which are quite impressive. Committees have been appointed to study and act on the following: coordinating the teaching of child feeding in the schools and churches; studying the county health situation and endeavoring to get the service of a county visiting nurse; advocating a Gila Valley fly control program; and studying the possibilities of a county library. The president of the council has reported to the temporary chairmen of the protracted state council these intended county activities.

Lois E. Harrison
Graham County
1948

The home demonstration agent attended the Cochise County fair to serve as a judge. The agent was happy to attend in order that she might gain information and suggestions for the Graham County Fair.

The home demonstration agent assisted the County Fair Commission and the Superintendent of the Domestic Arts section of the local county fair. The fair was organized on the basis of community booths. The home demonstration agent urged through individuals and groups the sponsoring of these community booths. The difficulty was finding persons or organizations who would take the responsibility. However, a very fine booth arrangement of exhibits was put together. Individual articles were judged for ribbon awards only, booths were judged for both ribbon and money awards. Accordingly, organizational and community interest had to be relied upon for a good showing at the fair. The event was considered very successful, particularly as it was the first one in eighteen years. At the close of the fair the women's superintendent and the home demonstration agent went over the entry list and revised it for next year's use. Notes were made of all suggestions and changes which might improve next year's fair.

There has been excellent cooperation on the part of church and school officials in providing the use of rooms and buildings for Extension Service meetings and schools. The agent serves whenever possible in school, church, or community activities.

Recreational features of publicity in the local newspaper were county fair articles, and items entitled "Picnic Food", and "Picnic Time".

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

December, 1947

Dear Homemaker:

We thought you might find some of these suggestions helpful for making your Christmas a merry one.

Christmas Eve: a time for reverence, for the mystery of a star still shining-



Hang a welcoming star on your front door made of glossy red cardboard. Wire a large silver ribbon bow in the center of the star, and fasten Christmas greens at the back.

Christmas Morning: a time for giving, for the warmth of one sharing with another -

Welcome gifts can be made right in the kitchen: What about giving a squatty green cookie jar filled with all sorts of fascinating cookies, or a brightly painted tray piled high with powdery date bars? Or perhaps your friends would appreciate beautifully wrapped jars of orange marmalade. For other friends, you might choose from among these ideas - lacquered tin of salted pecans, a fat round plum pudding, or a tall slim bottle of French dressing with the recipe thoughtfully pasted on the side. A beautifully packed box of candies might be just the thing for another friend. The candy may be packaged in jugs, pitchers, make-up boxes, or flower bowls.

Christmas Dinner: a time for togetherness - which tended carefully can encircle the world -

If you are in need of some candle holders for your Christmas decorations, try using the metal case in which adhesive tape is packaged. The "hole" is just the right size for a candle. Clever use of greens will conceal the candleholder in the arrangement.



Sincere thanks for your loyalty to Extension Service through the year, and our best wishes for a happy holiday season.

Sincerely,

Lois E. Harrison
Home Demonstration Agent

LEH:lg

Lois E. Harrison
Graham County
1948

IV. OUTLOOK

Now that the County Homemakers' Council has really taken hold of some of the responsibility in back of an Extension program, the home demonstration agent thinks that all the county will take a more active part. The officers elected by the council are good workers, and the agent feels that they will prove a great help to the program. Since the council officers and members are women of both homemakers' clubs and L.D.S. Relief Societies, there should be an even greater integration of the two training programs. Since club and Relief Society leaders are in many cases the same women, Extension Service education is bound to reach nearly all families. The home demonstration agent would like to see organizations of churches other than the L.D.S. take advantage of the teaching which Extension can give.

The Council has taken on its shoulders large-sized projects. Considering the interest which the Council women have, and the ladies who have been given the jobs to do, the agent feels assured that good results will be achieved. Any progress at all made in the fields in which the Council committees will be working, will be to better county conditions.

Because lay leadership gained so much in the past year, the agent hopes that it will continue even better in the coming year. Ladies in the several organizations have come to see that leadership is necessary, and in the coming year it may be that leaders who will serve may be easier to find.

If the leadership system does develop as hoped, it will be possible to set up new Homemakers' clubs. Depending on leaders for the clubwork, the home demonstration agent would be able to make more home visits to those women in other communities who cannot or do not attend meetings.

Next year's program includes projects in all four fields of home-making - nutrition, clothing, house and home, and health. They will be carried out through club projects, special interest schools, local special interest projects, and county council activity. Extension education will be given by method and result demonstrations, discussion meetings, circular letters, bulletins, news articles, radio talks, and home or office personal contacts. The program outlined for 1949 is a challenge to the home demonstration agent. It will call for clear thinking, good planning, and ready cooperation.

Because there are planned so many leader training meetings for the coming year, the home demonstration agent is grateful that one meeting place is established for all training sessions.

Lois E. Harrison
Graham County
1948

The program carried during the past year by the home demonstration agent has been very heavy, even though there was the aid of a junior assistant home demonstration agent for the summer months who took care of 4-H club work. It is hoped that at least that much assistance may be continued next year. As far as the work of the two-county unit is concerned, however, the only answer to truly efficient service in both adult and 4-H Extension work would be a division of the unit. There is enough work and demand in each county for a full-time home demonstration agent. There are tentative plans for several new Homemakers' clubs to be formed in the coming year, as well as more 4-H clubs. What the women of the county want next year in training from the Extension service evolves into a program even heavier than last year's. It is the hope of the home demonstration agent that assistance will come by a division of the two-county unit.

Lois E. Harrison
Graham County
1948

4-H CLUB WORK

A. County Situation

There are ten recognized communities in the county, in seven of which 4-H club work has been done. This was the first year that 4-H clubs have been conducted entirely outside of the schools. According to statistics there are approximately 1,231 rural boys and girls in the county over the age of ten years. It has always been true that in this county girls leave 4-H clubs after they get into high schools. Therefore, most 4-H training is given to younger girls. It is hoped that with the continuance of the out-of-school clubs more older girls will stay in club work.

Club work of any kind other than 4-H is summed up in the Girl Scouts, and that organization is not so active as the Boy Scouts. Girls and boys both are very well organized in their respective L.D.S. church groups. There is a special training group for every age level. The other churches do not carry their organization so far.

Recreational facilities in the county are limited mainly to those of the schools and churches. Each school has fine activity programs for young folks during the school year. The churches carry extra programs during the summer months. In addition there have been in the towns of Safford and Pima community recreational programs for the summers. Safford has a sports and swimming instructor hired during the summer seasons. It is generally considered that the youth have enough community interests to keep them busy in the larger towns. The outlying small towns, however, do not have so many advantages.

The potential leadership to be found in the young people should be good. All youth of the L.D.S. Church are trained in leadership. Many of them are in 4-H club work which should allow for the two types of training to result in excellent leadership. As our 4-H program builds up on the community type basis, surely some of the girls now in clubs will continue to serve as leaders. When school teachers can no longer be relied upon as 4-H club leaders, young girls who have been trained in the 4-H way will take over. They will, no doubt, be more ready to do so than the mothers of the present who feel at a loss because they do lack training.

Lois E. Harrison
Graham County
1948

Agriculture in the county restricts itself to the raising of three main crops - cotton, sugar beet seed, and hay. There is little in the way of garden crops or fruit. Several dairies in the valley produce the local supply of milk. Ranching and cattle raising are also industries of the county. The average farm income for the county as reported for the year 1945 in the United States Census of Agriculture is \$7020.

The churches and schools in each community serve as centers for any interest. Each school has its own library, and there is one larger library in the town of Safford. Hospital facilities are very meager, there being one in Safford. In addition there are three clinics, one of which has its own private hospital.

Lois E. Harrison
Graham County
1948

B. Summary

A statistical summary of activity in girls' 4-H club work in the county for the past year shows:

- 7 out of the 10 county communities had 4-H clubs
- 12 clubs - all out of school
- 17 leaders - all lay leaders
 - 1 junior leader
 - 4 leader training meetings
- 176 club members
- 200 projects
 - 2 achievement days
 - 1 county fair
 - 1 state round-up
- with 14 girls and 1 leader attending
- 15 girls attending sectional 4-H camp
- 10 radio programs
- 30 news articles

The county 4-H program was converted to an out-of-school organization. Only lay leaders were used for the first time. Training was given to these volunteer leaders along subject matter and organizational lines. Projects were carried in cooking, canning, sewing. Clubs were classified as either cooking or sewing, although individuals carried more than single projects. Clubs arranged with their leaders their own programs of study and recreation. County events were participated in by all clubs. 4-H club work in a community has meant that the youth have had a chance to learn homemaking with others of their own ages, cooperation on the part of mothers, the challenge to work cooperatively together outside of school, to develop leadership, and a chance to put each community in the limelight of county activities. A summary by months of 4-H club work for the past year follows this report section.

County - Graham

4-H PROJECT SUMMARY BY MONTHS
for period
January 1, 1948 to January 1, 1949

MONTH	PROJECT WORK	NO. SPECIALIST DAYS
JANUARY	Demonstration and judging training	
FEBRUARY	Preparation for National 4-H Club Week	
MARCH	National 4-H Club Week Leader training - demonstration, judging, showmanship	3 (LTM)
APRIL	Preparation for Achievement Day	
MAY	County Achievement Day Training for State Round-up	
JUNE	State Round-up Reorganization of clubs	
JULY	Concentrated project work Summer camp	
AUGUST	Project work Preparation for Achievement Day	
SEPTEMBER	Preparation for county and state fairs	
OCTOBER	County Fair Leader training - subject matter	
NOVEMBER	State Fair	
DECEMBER	National Club Congress	

Lois E. Harrison
Graham County
1948

C. Organization and Planning

Clubs were organized according to two different approaches. One was that a group of girls reported that they wanted to start a club. Thereafter the home demonstration agent and key ladies of the particular community contacted possible club leaders, or the girls themselves found a leader. The agent found that women of the adult Homemakers' clubs were very helpful in securing leaders. The other method by which clubs were started was that the mothers of a community decided that their girls should have the benefits of 4-H club work, and assisted in finding a leader. Then it was publicized that all girls who wished to join should contact the leader. The former method proved more successful. All clubs were established on an out-of-school basis with lay persons as leaders. There were no school clubs. Numbers of members fell as would be expected, but very little as to what might have been thought. All clubs in the county are for either boys or girls. There are no mixed clubs. When the community type clubs are better established, there will be opportunity for mixed clubs. A county map which follows this report section shows the location of girls' clubs.

The County Homemakers' Council and Homemakers' clubs have been most helpful in giving support to the 4-H program. They have assisted in the matters of leadership, meeting places, and community projects. The several schools of the county have been cooperative in furnishing rooms for county achievement days, and club meetings.

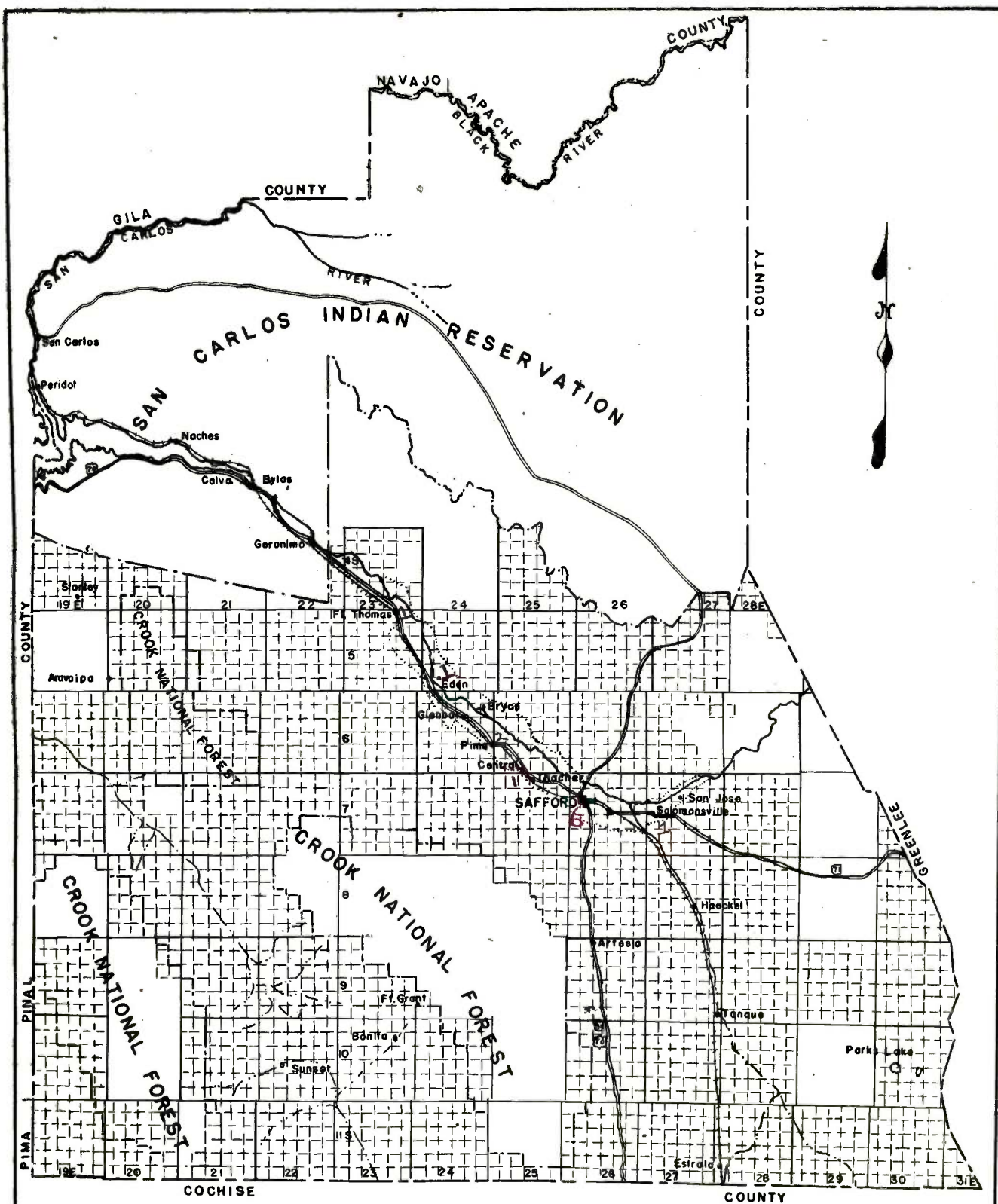
The home demonstration agent, alone or with a leader, has visited club members' parents. Most of this visiting was done when clubs were getting organized. Club training was explained to the mothers, cooperation and interest on their parts were urged. Some mothers were shown particular sewing techniques so that they might help their daughters according to 4-H methods of construction. The judging of food and sewing articles was discussed with mothers so that they might help in the training of their youngsters. When mothers, leaders and the home demonstration agent all teach young girls the same things in the same ways the result is uniformity which does help the children. When mothers feel that they are helping with the 4-H program in their own homes, they have a greater interest. The parental interest in the county, however, has not risen to the degree that many mothers attend county 4-H functions. Some do attend achievement days, but not so many as is desirable.

Lois E. Harrison
Graham County
1948

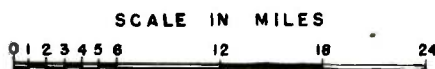
A Junior Assistant Home Demonstration Agent was on duty in the county during the summer of 1948. She took over practically all of the club work for the months of July and August. In June she and the home demonstration agent visited leaders, potential leaders, mothers, and club members, as well as other key persons in the various communities. Her Annual Report which covers the summer months tells of the concentrated activities of the summer.

Club work in the county is run on a program of vertical project work in the summer months when girls are out of school, and horizontal work during the school year. Since the clubs are entirely out of school, the girls have more time to devote to project work in the summer. An Achievement Day is held at the close of the summer session. During the summer, clubs meet ordinarily every week, during the winter they meet usually once a month. A summary of club work by months and by projects for the coming year follows this report section.

The home demonstration agent attended a State 4-H policies conference at which various problems of the program were discussed. Club and membership requirements were revised. The status of health as a project or an activity was a subject of much debate. Standards for the junior leadership project were set up. Conclusions drawn at this meeting were later issued to all county agents. This agent was very pleased to sit in this particular conference and hear at first hand the considerations toward better 4-H work.



GRAHAM COUNTY, ARIZONA



4-H PROJECT SUMMARY
for period
January 1, 1949 to January 1, 1950

County Graham

PHASES OF 4-H CLUB WORK	PROBLEMS SELECTED	WHEN
Organization and planning	New 4-H clubs	June
	Program planning and execution	Year
Food Preservation - canning freezing	Canning	Summer
	Freezing	Summer
Food Preparation - meal planning	1st, 2nd, 3rd year projects	Summer
Home Furnishings - Room Improvement	Room improvement project	Summer
Home Management - Streamlining Housework	Records	Year
Clothing	1st, 2nd, 3rd, 4th, 5th year projects	Year
Health - Safety	Health as a project rather than an activity	Summer
Recreation	Club parties and Achievement Day County Fair State Fair	Year October November
Junior Leadership	Secure two more junior leaders	
Judging	Training and practice for leaders and club members	April and May
Demonstration	Training and practice for leaders and club members	April and May
Breakfast Contest	Practice and participation in State Round-up	May and June
Fairs	County Achievement Day County Fair State Fair	August October November

4-H PROJECT SUMMARY BY MONTHS
for period
January 1, 1949 to January 1, 1950

County Graham

MONTH	PROJECT WORK	NO. SPECIALIST DAYS
JANUARY	Horizontal project work	
FEBRUARY	Horizontal project work Preparation for National 4-H Week	
MARCH	National 4-H Club Week Celebration	
APRIL	Demonstration, showmanship training for club members and leaders	2 (LTM)
MAY	Demonstration, judging training Preparation for State Round-up	
JUNE	State Round-up Reorganization of clubs	
JULY	Concentrated, vertical project work Summer camp Leader training	1 or 2 (LTM)
AUGUST	Project work Achievement Day	
SEPTEMBER	Preparation for county fair	
OCTOBER	Participation in county fair	
NOVEMBER	Participation in State Fair	
DECEMBER	Recreation National Club Congress	

4-H 8/48 100c

Lois E. Harrison
Graham County
1948

D. Enrollments and Completions

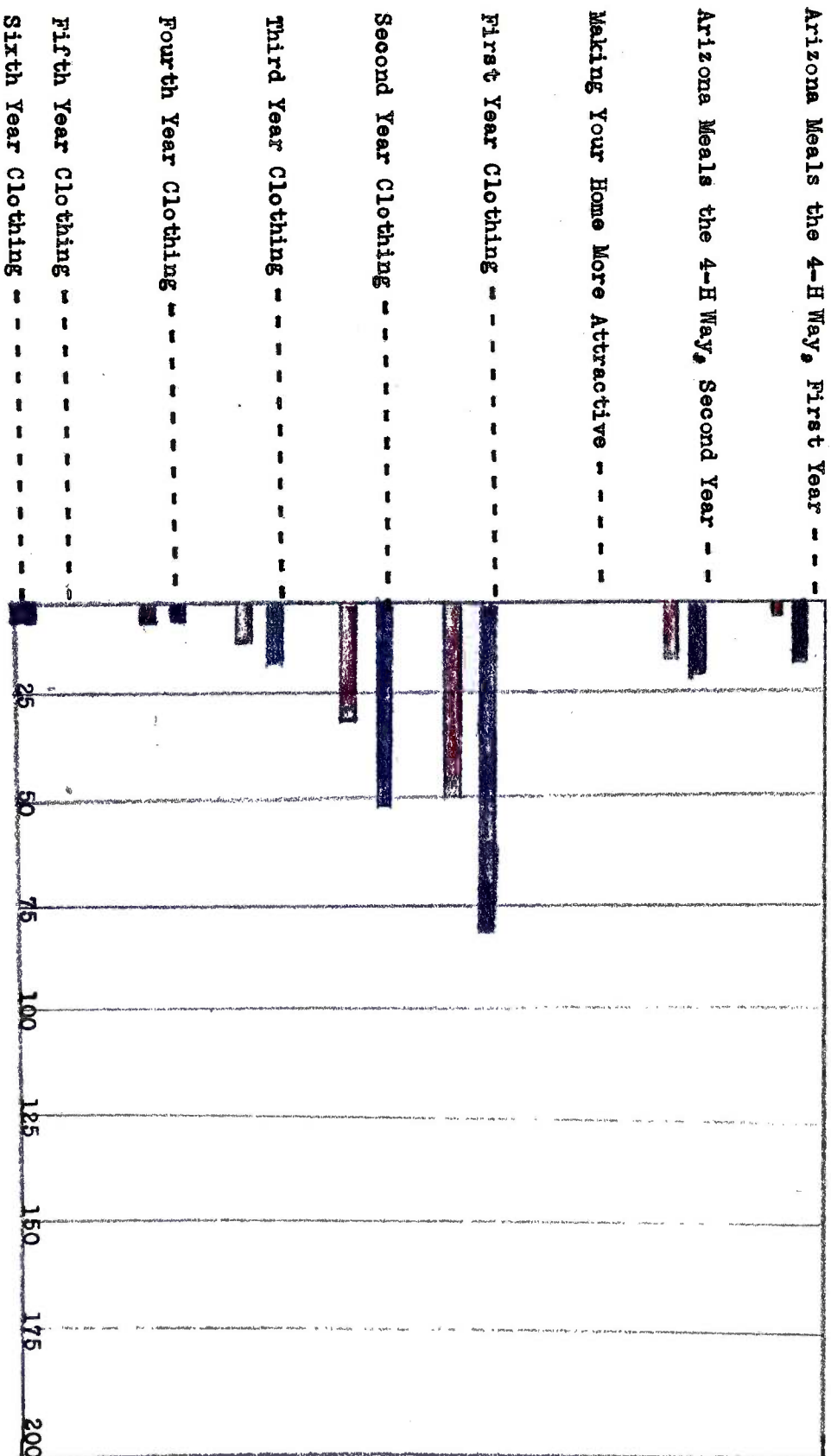
There were 131 members enrolled in sewing clubs, 76 of whom completed. There were 45 members enrolled in cooking clubs, 28 of whom completed. These figures show that at least two-thirds of all enrollees completed 4-H projects. A chart which follows this report section shows the enrollments and completions by projects.

A graph which follows this report section shows the enrollments and completions over a five-year period. When a study is made of certain factors reflected in this graph it affects future plans.



Enrolled
Completed

PROJECT SUMMARY



No. of Club Members

Enrolled
Completed

Lois E. Harrison
Graham County
1948

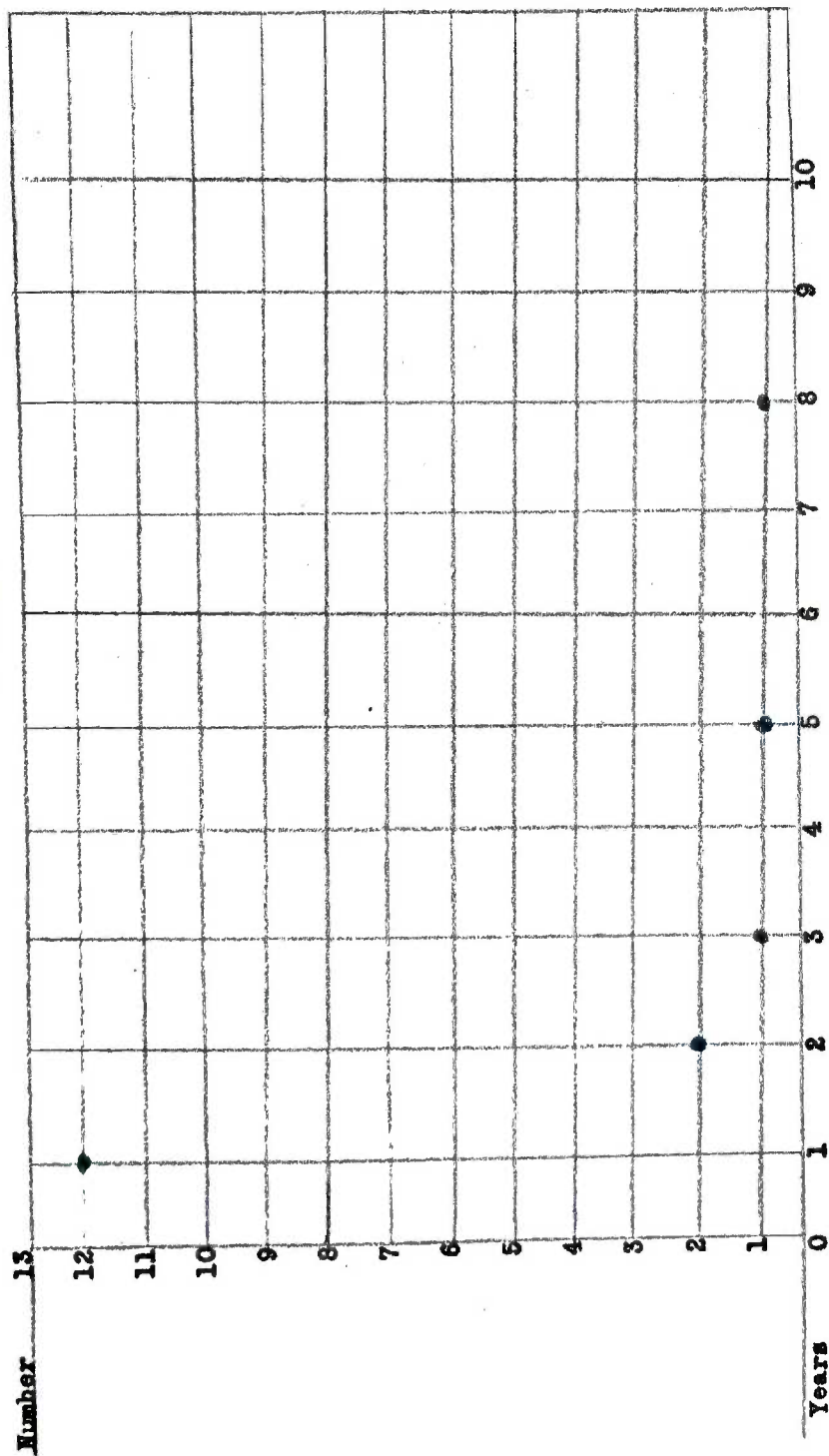
E. Leadership of 4-H Club Work

Leaders for 4-H club work have come in the past year from lay persons. Of the seventeen women and older girls serving, six were mothers. One older 4-H girl has assisted her sister as a junior leader. Most of the leaders have served for the first time, due to the fact that previously school teachers have been leaders. Now that lay persons are leaders, new people have been called on to serve. A graph which follows this report section shows the number of leaders who have served one or more years. These leaders were secured by their being asked by the home demonstration agent or key persons of the Homemakers' clubs or council. In many cases leaders were secured by girls asking them.

A leader training meeting was held on each phase of the 4-H program - one on organization and planning, one on subject matter, one on demonstrating and judging. The state 4-H staff assisted in these training sessions, taking over the particular fields of teaching. Although all leaders could not attend each training school, they were kept up to date on the teaching by home visits made by the home demonstration agent. After any training meeting the leaders felt more competent to carry on with their girls. The more that they carried out suggestions made at the training sessions, the more sure of themselves they were. A letter announcing one leader-training meeting follows this report section.

Some leaders followed the ideas of making written club programs according to plans offered by the state 4-H personnel. All leaders have not come to see the value of a written plan. Illustrative materials were furnished to leaders by the home demonstration agent. Charts, posters, books, and sewing construction samples or charts made the bulk of this teaching tool. The junior assistant home demonstration agent made a very complete sewing construction sample kit which was passed around to clubs constantly during the summer months. Home visits were helpful to both the agent and the leaders. Some club leaders were members of adult Homemakers' clubs, which meant that they received much as an adult club member that they used as 4-H club leaders.

YEARS OF SERVICE OF 4-H CLUB LEADERS AS OF 1948
 GRAHAM COUNTY
 Arizona



COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

March 18, 1948

Dear 4-H Club Leader:

As a 4-H Club Leader, would you like more help?
Would it be easier for you to train demonstration teams if you
get training yourself?
Do the girls in your club want to go to Tucson to the 4-H Round-up
this June?

There will be a 4-H Leader Training Meeting on Thursday, March 25th,
from 10:30 A.M. to 3:30 P.M. at the Safford Ward Relief Society Room
in the Safford Ward Church.

The morning general session will be given over to Mrs. Kightlinger
and Mr. McKee, who will instruct on the general handling of clubwork.
The afternoon session will be given over to Miss Lincoln and Miss
Church who will instruct on judging, demonstration giving, and show-
manship. Foods club leaders may meet with Miss Lincoln, and clothing
club leaders with Miss Church.

This is just what we've been wanting - specific training which will make
you, as a club leader, confident and sure of yourself.

The girls' spring event this year will be a day of competition in judging,
demonstrations, and showmanship. So this training for you will help
your girls in this competition. Winners will represent the county at
the Round-up.

Lunch for all leaders attending this meeting is being arranged. Please
fill out and return the enclosed card so that I may know the number to
plan for. We will all eat according to our own pocketbooks.

The specialists have an excellent program ready for us. Do make every
effort to attend.

Enclosure
LEH:lg



Sincerely,

Lois E. Harrison
Lois E. Harrison
Home Demonstration Agent

SPECIAL NOTE TO SEWING CLUB LEADERS: Please bring to the meeting 2 garments
that your girls have made - any garments. These will be used in the
judging training. Please bring also your small sewing equipment and
some scraps of cotton fabric for sample making.

LEH

Lois E. Harrison
Graham County
1948

F. Local 4-H Club Programs

Only two clubs and their leaders developed written club programs using the forms suggested by the state 4-H department. However, all other leaders used their own methods of planning in advance the series of lessons and meetings. Most of them used as a guide the project manuals. All of them knew how many meetings they would have in a summer session, what they would do in the meetings, and how they would prepare their girls for a coming achievement day and its contests.

All clubs devote a portion of each meeting to singing or a game. Occasionally they plan for and have a gathering for fun only. In the summer such a meeting usually is for swimming or a picnic. During the winter months more meetings are devoted to recreation, since the heavy project work is over, and additional work is somewhat a repetition of the last project done.

In the past health has not been carried as a project, only as an activity of all club members. With the new set-up of a health project for individuals and clubs, there will be added emphasis on personal health.

Leaders are encouraged to make judging and the giving of demonstrations a part of each club lesson. The demonstrations are given by leaders sometimes, by club members at other times. Leaders often work with demonstration teams between club meeting days. The plan that is followed for cooking clubs is that a demonstration and judging are practiced at each meeting. Girls bring foods that they have cooked at home to be judged, and the demonstration shows them how to make the next food to be studied, and prepared. In the sewing clubs demonstrations are given each time, and judging at some of the meetings. When any articles are completed general judging is done. Girls like to judge at all times, but there is a reticence in doing demonstrations. The latter is true especially for achievement days when girls know they will be appearing before many more than their own club members.

Lois E. Harrison
Graham County
1948

G. 4-H Activities

Local club events are handled by the leaders; the club members and their mothers cooperating. If money is needed, it is given or earned by club girls. If official judges are needed, the leader and the home demonstration agent ask women who are competent to serve. One of the nicest club events of the past year was a supper for mothers given by the "Busy Biscuit Bakers" club of Pima. Twenty-eight mothers and daughters were served in the home economics department of the local high school. The girls planned and carried out an appropriate program. Club reporters handle their own newspaper reporting of regular and special meetings. A sample follows this report section.

County-wide events are held in the various towns of the valley in rotation. School officials have been fine in their cooperation in allowing the use of home economics departments. Leaders and clubs always have special responsibilities as part of the day's program. There is never any money involved. Judges for the different contests are secured from among women of the county. Special training for these ladies has been put into practice during the past year, and it is found that they serve very satisfactorily. It is hoped that the program may build up a group of women who will be competent as judges at any time. Ribbons are awarded at county 4-H events by the group method of three levels of perfection. It is regretted that more parents do not attend the county events. Samples of letters to club leaders, members, parents, and judges concerning county-wide events follow this report section. News articles about the County Round-up follow this report section.

A second achievement day was held at the close of the summer session of club work. It is described in the annual report of the junior assistant home demonstration agent. The account of summer camp is given also in the assistant's report.

The Graham County Fair gave one booth for a display of 4-H articles. A club leader served as 4-H fair superintendent, and handled the arrangements for club participation. Club girls assisted in decorating and in tending the booth. A letter to club leaders and to club members concerning the county fair follows this report section. News articles appeared in the local newspaper "The Graham County Guardian", and in the "Arizona Farmer".

Fourteen girls, one leader, and the home demonstration agent attended the State 4-H Round-up. These girls who had won in local events did

Lois E. Harrison
Graham County
1948

very well in the eight state contests they entered. Some clubs earned money in various ways to send their members to the state gathering, while others let their girls pay their own expenses. The Graham County Farm Bureau joined the local Kiwanis Club in contributing \$60.00 each to pay the expenses of transportation, cost of a driver and his expenses, and the expenses of 4-H leaders to take 4-H boys and girls to the state 4-H Round-up in June. A picture of the showmanship contest entrant follows this report section.

Blue ribbon articles of the 4-H section of the County Fair were sent to the State Fair. Thirteen girls sent articles in the departments of cooking, sewing, and room improvement. Seven of them received blue ribbons, three received red ribbons and one a white ribbon. That is a record of which the county and the Extension personnel is rightly proud. The newspaper account of the State Fair winnings follows this report section.

Graham County is very happy that one of its 4-H girls won the honor and privilege of attending the 4-H National Congress in Chicago. She was the winner of the Records Contest sponsored by Montgomery Ward Company. A summary of her five years of 4-H club work includes sewing, cooking, canning, and livestock projects. She has made, according to her records, 97 pieces of clothing, canned more than 1,000 quarts of fruits and vegetables, made 71 items in cooking, and raised four calves. She has taken part in six judging contests, eight dress revues, four livestock showmanship contests, and three team demonstrations. During the past year she has served as a junior club leader of the Safford "Sew-a-stitch" club. A news article telling of her honors follows this report section.

SEW-A-STITCH CLUB MEETS 5-14-48

The meeting was called to order by our secretary, Virginia Felts, at 4:15 Monday evening, May 10, 1948, at our leader, Carol Christensen's home. The motto was given by Helen Deal and, the pledge given by our leader, Carol Christensen. The minutes were read and approved. We then talked about our second year sewing books. Then we sang two songs. Refreshments of ice cream and cake were served. At the next meeting the refreshments will be served by Nancy Nuttall, Virginia Felts and Carol Christensen. Carol Christensen will give a demonstration at the next meeting. The members present were Nancy Nuttall, Virginia Felts, Arden Moore, Helen Deal and Kay Phillips. The meeting adjourned at 5 o'clock.

Thatcher 4-H Girls 7-2 Organize Sewing Club

The 4-H girls of Thatcher have formed a sewing club which will be called the "Busy Sewing Club." They met Monday, June 14 at the home of their sponsor, Mrs. Farrel Layton, Thatcher, and organized their club which has nine members.

Officers elected were, Judy Daley, president; Kay Moody, vice president; Linda Palmer, secretary and treasurer; Joyce Farley, pianist; Clydell Sparks, song leader; Margery Peterson, pledge leader; Marlene Merrill, game chairman; Ginger Lee, assistant game chairman and Lynete Harms, reporter.

The club will meet every Thursday at 3:30 p. m. at the home of their leader in Thatcher.

At the close of the business meeting refreshments were served by the leader, Mrs. Layton to the members.

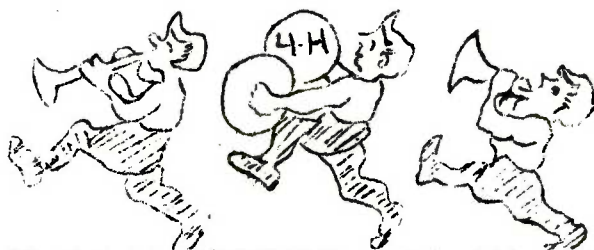
COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

March 1, 1948

Agricultural Extension
Service
Home Demonstration Work
County Agent Work



Keep in
Step

Dear Parents:

The celebration of National 4-H Club Week is right now - March 1 to 7. Newspapers and radio programs will feature endeavors and accomplishments of 4-H club members.

Do read the enclosed folder which explains 4-H training. If your boy or girl is already in a 4-H club, give assistance and encouragement. If your children are not in 4-H clubs, contact the 4-H club leaders in your community or your County Agricultural or Home Demonstration Agent to enroll them in clubs.

4-H Theme: "Creating Better Home Today for a more Responsible
Citizenship Tomorrow".

Enclosure
SLO:LEH:LG

Sincerely,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

S. L. Owens

S. L. Owens
County Agent

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

March 30, 1948.

Dear 4-H Leader:

Our recent training meeting for 4-H club leaders emphasized general club running, how to teach girls to judge foods or clothing articles, how to train girls to give demonstrations, and food showmanship.

All this was especially timely in getting ready for our spring County Round-up and the State Round-up. The Graham County Round-up is planned for Saturday, May first. The day's events will be as follows:

1. Exhibits and ribbon awards for any sewing articles made since our Achievement Day last September, or which were not given awards on that day.
2. Contest judging of foods or clothing by all girls;

1st sewing project girls to judge fringed articles
2nd sewing project girls to judge slips
3rd and Advanced project girls to judge dresses

1st cooking project girls to judge biscuits
2nd cooking project girls to judge muffins
3rd and Advanced project girls to judge canned fruit
3. Contest individual or team demonstrations by each club
4. Food showmanship contest for making baking powder biscuits ---
for food club girls only
5. Awarding of appropriate year pins.

The place where this event will be held and a program for the day will be sent to you later.

In order that all record books may be checked previously to the Round-up Day, please turn in the books of all your girls to my office on or before Monday, April 26th.

If you were not at the leader training meeting, I am enclosing judging score sheets for each of your girls to study and a sample demonstration outline, and a list of subjects for demonstrations. I hope you find them helpful.

It was determined at the leader meeting that all clubs should meet at least twice between now and Round-up Day. At these meetings record books should be completed, articles for exhibit decided upon, judging and demonstrations practiced. As a leader, you will need to work with your demonstration or biscuit showmanship girls other than at club meetings.

Girls who win highest scores at the County Round-up in the following contests may go to the State Round-up:

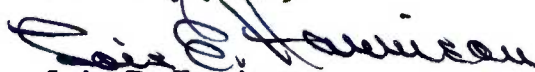
1. Junior clothing demonstration --- eligibility 1 year of project work and under 14 years of age
2. Junior food preparation demonstration -- eligibility the same
3. Senior clothing demonstration --- eligibility 2 years of project work and over 14 years of age
4. Senior food preparation demonstration -- eligibility the same
5. Food preparation judging
6. Food preservation judging
7. Clothing demonstration
8. Dress Revue (3 years of project work and over 14 years of age)
9. Food showmanship of Baking Powder Biscuits (recipe in 1st yr. foods study book)

We may send one girl radio reporter and one news reporter from the county.

Do you think your club should raise money to send county winners to State Round-Up? The charge this year is \$8.50, other than transportation. When girls win the privilege of attending State Round-up, it would be fitting that their expenses be paid for them.

Please let me know when you are to meet with your club between now and the first Saturday in May so that I may attend one meeting and help you and the girls in any way possible. Please contact me at any time if you have any questions about which I may help.

Sincerely yours,



Lois E. Harrison
Home Demonstration Agent

LEH:lg
Enclosures

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

April 21, 1948

Dear 4-H Leader:

Our County 4-H Round-up will be held on Saturday, May 1st, in the Home Economics Department of the Thatcher High School. Following is the program for the day:

10:30 A.M. Registration

Articles placed on Exhibit (only articles which were not judged last fall)

11:00 Contest Judging

1st yr. Cooking - Biscuits
2nd yr. Cooking - Muffins
3rd yr. Cooking - Canned Fruit

1st yr. Sewing - Fringed Article
2nd yr. Sewing - Slips
3rd yr. Sewing - Dresses

12:00 Picnic Lunch

12:30 Showmanship Contest

1:30 Demonstration Contest

2:30 Presentation by "Cheerful Cookers"

2:40 Dress Revue

3:00 State 4-H Round-up Announcement

Awards and Pins

3:30 Adjournment

Please have your club members' record books, club secretary's book and the essays written by club members for the Reporter Contest in to my office by Monday, April 26th. Please make a note on each girl's record book telling what project she is completing and what year pin she should receive.

On the day of Round-up we will need you to help make everything run smoothly. Following is a schedule telling how we'd like you to serve:

Mrs. Amos Worden	Registration
Miss Ethel Burrell	Issuing of Exhibit Tags
Mrs. Edna Rowley	Charge of Food Exhibit
Mrs. Bertha Green	Charge of Sewing Exhibit
Mrs. Rollie Childers	Charge of Biscuit Judging Table
Mrs. Gladys Blan	Charge of Muffin Judging Table
Mrs. Belle Pryce	Charge of Canned Fruit Judging Table
Mrs. Omer Smith	Charge of Fringed Article Judging Table
Mrs. Amos Lucas	Charge of Slip Judging Table
Mrs. Thelma Hart	Charge of Dress Judging Table
Mrs. Jake DeSpain	Charge of Picnic Lunch
Miss Ethel Burrell	Charge of Showmanship Contest
Mrs. Lois Harrison	Charge of Demonstration Contest
Mrs. Edna Rowley	In charge of Dress Revue
"Cheerful Cookers" (Mrs. Blan's club)	In Charge Decorations
Ina Claire Evans	Chairman of the Day

Official judges will be ladies who have not been directly associated with any club.

Please be sure your club members know all about the day and what to do.
Do urge all parents you know to come.

LEH:lg

Sincerely,

Lois E. Harrison
Lois E. Harrison
Home Demonstration Agent



COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

April 26, 1948

Dear 4-H Judge:

The Graham County 4-H Round-up will be held on Saturday, May 1st, in the Thatcher High School Home Economics Department. Following is the program of the day:

10:30 A.M. Registration

Articles placed on Exhibit (only articles which were not judged last fall)

11:00 Contest Judging

1st yr. Cooking - Biscuits

2nd yr. Cooking - Muffins

3rd yr. Cooking - Canned Fruit

1st yr. Sewing - Fringed Article

2nd yr. Sewing - Slips

3rd yr. Sewing - Dresses

12:00 Picnic Lunch

12:30 Showmanship Contest

1:30 Demonstration Contest

2:30 Presentation by "Cheerful Cookers"

2:40 Dress Revue

3:00 State 4-H Round-up Announcement - Awards and Pins

3:30 Adjournment

Your judges book will be made up for you, including score sheets for the actual judging, according to the following schedule:

Clothing and Food Exhibits - Mrs. Charles Rogers
Mrs. Eldon Smith

Food Judging Contest - Mrs. Vernon Chesley
Mrs. Dick Mount

-2-

First year Sewing Judging Contest - Mrs. Irene Woods
Miss Frances Woolfolk

Second year Sewing Judging Contest - Mrs. Carol Lines
Miss Lucille Bone

Third year Sewing Judging Contest - Mrs. Lavell Hoopes
Miss Nellie Bushman

Demonstration and Showmanship - Mrs. Carol Lines
Miss Lucille Bone

Dress Revue - Mrs. Lavell Hoopes
Miss Nellie Bushman

Bring a picnic lunch if you'd like to. We do hope you will enjoy the day and realize satisfaction in contributing to the success of the 4-H youth endeavor.

Sincerely,



Lois E. Harrison
Home Demonstration Agent

LEH:lg

Graham County 4-H Girls' Round- Up Held Saturday

A county Round-up for 4-H girls was held in the Thatcher High school home economics department on Saturday, May 1. Clubs and leaders attended from Ft. Thomas, Eden, Pima, Thatcher and Safford.

Alyce Jo Evans, Safford, was chairman of the day's events. The contests included judging of biscuits and muffins, fringed scarfs, slips and dresses. The showmanship contest created added interest, this being the first time that such a contest had been tried. Individual girls selected suitable equipment for making baking powder biscuits, measured ingredients according to proper techniques, mixed and baked biscuits, and washed dishes replacing them for the next contestant. All this was given an allowed 30 minutes. Overtime taken made a reduction in the final score. Demonstrations and a dress revue completed the activities.

Year pins were awarded to all girls present who had completed the current 4-H projects in which they were enrolled. Leadership pins were given to all ladies who served during the past year as volunteer club leaders.

Ribbon awards were made as follows: First and second year clothing, sewing box, third to Nancy Haynie, Pima; fringed article, first to Virginia Felts, Safford; seconds to Nancy Haynie, Pima, and Deanna Phillips, Pima, and Arthella Clonts, Safford; third to Melva Bellman, Safford. For hemmed articles, Virginia Felts, Safford, won first, seconds went to Sharon Hancock, Eden, and to Janet Welker, Pima; thirds to Louise Carpenter, Eden, Arthella Clonts, Safford, Melva Bellman, Safford, Doras Lee Taylor, Eden, and Nancy Haynie, Pima. Awards for an apron were firsts to Virginia Felts, and Nancy Nuttall, Safford; a third to Nancy Haynie, Pima. Marilyn Merrill, Safford, won a first on her slip, and Deanna Phillips, Pima, won a second on her pillow top.

In the third year and advanced clothing ribbons were awarded as follows: Alice Jo Evans, a first for a dress, and a first for a child's dress; Carol Christensen, a second for a wool suit; Barbara Larson, Thatcher, a third for a print dress; Carol Blau, Thatcher, a second for a print dress; Jacqueline Daley and Phillis Allen, of Thatcher, won firsts on their print dresses. Ruene DeSpain took a first prize on her negligee, and a first for a crepe dress, and Jorene Bull, Safford, won a second for a dress.

In the dress revue Alyce Jo Evans, 13 years of age, Safford, took a first on her party dress; and Carol Christensen, 14 years of age, also of Safford, took a first on her tailored dress.

In the foods group Kay Phillips of Safford won a second prize in first cooking for a cake. Carol Christensen in second year foods took eight first prizes in canned fruit for grapes, apricots, whole apricots, peaches, grape jam, apricot jam, peach preserve, and mustard pickle.

In the competition judging of fringed articles the high-scoring girls were Nancy Nuttall, Arden Moore, Virginia Felts, Jacquelyn Leohard and Helen Deal.

Prizes for the judging contest on a dress went to Carol Christensen, Alyce Jo Evans and Joanna Bryce.

High-scoring girls in the contest judging for a slip were Clara Naylor, Donna Gay John, Marilyn Merrill and Jeanine Stewart.

In the judging contest for biscuits the high-scoring girls were Alta Lines, Diane McBride, Geraldine Clonts, Joan Allred and Kay Phillips. For muffins judging the high scores went to Barbara Larson, Linda Layton, Alice Busby and Janell Cope.

In the showmanship contest for baking powder biscuits first place was won by Carol Lynn Allen, Thatcher; second by Marcia Matice, Pima, and third by Alice Busby, Thatcher.

MOMEMAKERS TO MEET

The Safford Homemaker's Club will meet Monday, May 10, at the home of Mrs. W. D. McNutt, 408 Third Avenue at 2:00 p. m. All women are cordially invited. A very interesting program is scheduled.

Leaders Share In County 4-H Roundup

At the Graham County 4-H Roundup held in Thatcher May 1 4-H club leaders who had served for one or more years were given 4-H leadership pins in recognition of their contribution in time and guidance of 4-H clubs for girls. 4-H leaders are all volunteer workers who take over the responsibility of training girls according to the project methods recommended by the Extension Service.

The following people received leader's pins: Mrs. Harvey Evans, Mrs. Norris Mathey, Mrs. Betty Jo Cook and Mrs. Rollie Cihlders, all of Safford; Mrs. Bertha Green and Mrs. Lois Cope, Thatcher; Mrs. Amos Worden, Mrs. Joseph Norton, Miss Virginia Brown and Miss Lawana Weech, all of Pima. Pins were also given to Mrs. Nora Lucas of Solomonville, Mrs. Cleobelle Whitmore of Safford, Miss Norma Trejo of Eden, Mrs. Edna Rowley, formerly of Eden now of Safford; and Mrs. Thelma Hart and Miss Carol Tyler, both of Ft. Thomas.

Judges Contribute To Success of 4-H County Round-Up

The Extension Service appreciates the services of the judges who served in pairs to make awards to 4-H girls for exhibits and contests at the Graham County 4-H Roundup held in Thatcher May 1. Contest judging included first year cooking, biscuits, second year cooking, muffins, and third year cooking, canned fruit. First year sewing included fringed articles, second year sewing, slips, and third or advanced sewing included dresses. There were also showmanship and demonstration contests, and a dress revue. These official judges were ladies who had not been directly associated with any club.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

March 1, 1948

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

Dear 4-H Clubleader:

The celebration of National 4-H Club Week is right now - March 1 to 7. Newspapers and radio programs will feature endeavors and accomplishments of 4-H clubmembers.

Please read the enclosed folder concerning 4-H clubwork. Then see that parents whose children might be in 4-H clubs have the opportunity to read the folder.

All rural youth should have the chance to be members of 4-H clubs - with the interest and help of their parents.

4-H Theme: "Creating Better Homes Today for a more Responsible Citizenship Tomorrow."

Sincerely yours,

Lois E. Harrison
Home Demonstration Agent

Enclosure
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COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension Svc.
Home Demonstration Work
County Agent Work

October 6, 1948

Dear 4-H Club Member:

As you know, you are to enter all articles you made in club this summer - either cooking or sewing - into the County Fair. Dresses are the only item to be omitted, since you should have taken your dress to our own Achievement Day. If you did not enter your dress in the Achievement Day, then it too should go to the County Fair.

Please contact your club leader and arrange to give all your club articles to her by October 20 th. This means sewing articles, record books, and club Secretary's book.

If you plan to enter foods in the County Fair, make arrangements with your leader to get them to the fair at the proper time.

Since this County Fair will conclude our summer 4-H club project work, you must turn in all articles in order to get 4-H club credit.

Do plan to attend the County Fair.

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

cc: Leaders
LEH:lg

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

October 2, 1948

Dear 4-H Leader:

As you know, our 4-H club girls are to exhibit their project articles in the Graham County Fair, October 28, 29, and 30.

All articles made by sewing club members, except dresses which were exhibited at our own 4-H Achievement Day in September, are to be shown and judged at the County Fair. All foods made by cooking club members will be exhibited and judged, according to the County Fair Entry List.

Please get for yourself a county fair entry book and read what things your girls should enter. Since this County Fair exhibit will conclude our summer project club work, the girls must turn in their articles. Will you, as leader then, collect from your girls their entry articles and their record books and the club secretary's book. Please give all these to Mrs. Amos Worden of Pima who is Fair Superintendent of the girls' 4-H department. Please see that they are in the hands of Mrs. Worden on or before Saturday, October 23rd.

Thank you for your fine cooperation as a club leader,

Sincerely yours,

Lois E. Harrison
Home Demonstration Agent

LEH:lg



Graham County Fair 1948

Leaving For Chicago



CAROL CHRISTENSEN

On November 26th, Carol Christensen, accompanied by Mr. S. L. Owens, County Agent, will leave by Greyhound bus to join a party of 4-H boys and girls in Phoenix who have won trips to the National 4-H Club Congress in Chicago. Carol this year won the Girls' Record Contest in the state, which means that her trip expenses will

be paid as a guest of Montgomery Ward which sponsors the contest.

Before Mr. Owens and Carol leave for Chicago there are plans for a radio transcription and a banquet at the Adams Hotel in Phoenix, as well as tours of interest. On the morning of the 28th the party will arrive in Chicago for the National 4-H Club Congress.

This trip climaxes Carol's five years of 4-H work with projects in sewing, canning, cooking, and livestock. This past year she has served as a junior leader in 4-H. She is continuing her work in 4-H, and this fall entered items of sewing and cooking in the county fair, and items of canned goods in the state fair. She won a blue ribbon on canned fruit at the county fair.

Carol's five years of work in 4-H besides helping her to be a competent person in her community, now provides her with a trip which will surely be fun. Graham County friends can be proud of Carol.



County Biscuit Showmanship entrant
in State 4-H Round-up

County 4-H Girls Win State Awards

4-H girls of Graham County are very happy and proud because they won so many top awards at the State Fair. Thirteen girls entered articles of sewing, cooking, and canning. Eight of these girls received eleven ribbons and money awards. When you think about the keen competition of a State 4-H display, you can appreciate how well our local girls have done. All entries sent to the State Fair were blue ribbon winners of our local county fair. A list of entrants and their State awards follows:

Ethel Burrell, Safford, room improvement poster, blue ribbon

Jorene Bull, Safford, dress.

Jessie Childers, Safford, slip.

Marian Childers, Safford, apron, blue ribbon.

Carol Christensen, Safford, canned pineapple jam, white ribbon.

Donna Hudson, Safford, laundry bag, red ribbon.

Janell Nuttall, Safford, dress, blue ribbon.

Margie Peterson, Thatcher, fringed article.

Corenne Skaggs, Ft. Thomas, shoe bag, blue ribbon.

Jeanine Stewart, Safford, dress, blue ribbon, child's play suit, red ribbon.

Janet Welker, Pima, dress, muffins, cookies.

Kay Worden, Pima, slip, lunch poster, blue ribbon; child's play suit, blue ribbon.

Lois E. Harrison
Graham County
1948

H. Outlook and Recommendations

It is the hope of the home demonstration agent that the out-of-school, or community type clubs will continue to grow in popularity and service. Now that they have become established in most communities of the county, interest should increase. It is much more difficult to secure lay leaders than it is to rely on the school teachers. However, the record of 4-H accomplishments has been excellent during the past year - when only lay leaders have served. Therefore, it may be easier in the future to find women who will take over the responsibilities of club leadership. The leader-training program has been effective, and is planned for the coming year. With the assurance of training, lay leaders will have more confidence. It is hoped that before too long each community in the county will have its 4-H club. In some communities there may be arranged mixed clubs.

Increased parent interest and cooperation is another hope and goal for the coming year. Accent will be placed on community achievement days, which should bring out more parents to see the progress made by their children. One county achievement day is planned for next year, by which entrants for state contests may be chosen.

The home demonstration agent will depend on the County Homemakers' Council and the several Homemakers' clubs to assist with the securing of leaders. The project for clubs to earn money to defray some expenses of State Round-up or camp will be continued. Club members will take part also in county and state fairs.

Because the county does have such a good record among its older girls for this past year, that should be an impetus for more older girls to stay in club work. Although the competition should not be emphasized above the all-round training, it is definitely a drawing card for many girls.